



### The Significance of Vesak

The Lumbini park was abundant with Sal trees in full bloom. Flowers that have fallen from trees formed a soft carpet on the ground. On the full moon day in the month of Vesak, Queen Maha Maya, who was pregnant, was on a journey through the Sal grove to see her parents. On her way, she gave birth to a prince in the Sal grove. This was about 2644 years ago. The prince was named Siddhartha Gautama. He lived in a palace with every luxury at his command.

At a young age, he was confronted with the reality of life and the suffering of humankind. Siddhartha, at the age of 29 years, gave up his wealth and position as a prince to seek enlightenment as a spiritual ascetic. His goal was to find a path out of this universal suffering of all beings. After 6 years of strenuous searching, Siddhartha attained Enlightenment on the full moon day of Vesak. He found the goal of Nibbana. He became the Buddha, "The Enlightened One".



He preached the path to others for 45 years. He taught that wisdom, kindness, patience, generosity, and compassion were important virtues.

The heart of the teachings of the Buddha is contained in the teachings of the Four Noble Truths, namely,

- The noble truth of suffering or *Dukkha*
- The noble truth of the cause of suffering, *Samudaya*
- The noble truth of the cessation of suffering, *Nirhodha*
- The noble truth of the path, which leads to the cessation of all sufferings, *Magga*

Buddha's teaching is based on cause and effect. Buddha taught that desire and ignorance lie at the root of suffering. The inability to fulfill all desires ends with suffering. The way to extinguish desire will lead to the cessation of suffering.



At the age of 80, He passed away (Parinibbana) once again on the full moon day of Vesak at a place called Kusinara. The full moon day of Vesak is important for Buddhists all over the world for three significant events – Buddha's birth, His Enlightenment, and His Parinibbana. Moreover, the significance of Vesak lies with the Buddhahood and his universal message to humankind.

Gold Coast Buddhist Centre

### International Workers' Day

International Workers' Day, also known as Labour Day in most countries and often referred to as May Day, is a celebration of labourers and the working classes, that is promoted by the international labour movement and occurs every year on 1 May.

While it may belong to a tradition of spring festivals, the date was chosen in 1889 for political reasons by the Marxist International Socialist Congress, which met in Paris and established the Second International as a successor to the earlier International Workingmen's Association. They adopted a resolution for a "great international demonstration" in support of working-class demands for the eight-hour day. The date had been chosen by the American Federation of Labour to continue an earlier campaign for the eight-hour day in the United States, which had culminated in the Haymarket affair, which occurred in Chicago on 4 May 1886. May Day subsequently became an annual event.



The first of May is a national, public holiday in many countries across the world, in most cases as "International Workers' Day" or a similar name. Some countries celebrate a Labour Day on other dates significant to them, such as the United States and Canada, which celebrate Labour Day on the first Monday of September.

Courtesy: <https://en.wikipedia.org/>

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## Ramadan

Muslims around the world are currently observing Ramadan, the holiest month in the Islamic calendar. This year, the 'month' is between 13 April and 12 May. As every year, fasting involves abstaining from food and drink from dawn to dusk, and focusing on improving our relationship with Allah (God) through fasting, worship and charity. Fasting is a test of mental and physical will and teaches us compassion and to care for the less privileged. Fasting reminds us of the oneness and omnipresence of God and is a special task between Him and us. Ramadan is also a time of extra prayers, worship and charity.



For Muslims in Australia, Ramadan 2021 is cautiously returning to normal with communal activities of prayer, charity and sharing of meals at the close of the fast known as 'iftar'. This is in stark contrast to 2020 where strict restrictions did not allow this. Many other countries around the world are still gripped by the pandemic and will spend Ramadan with varying levels of freedom.

Muslims regularly practice the discharge of 'zakat', a compulsory charity and one of the five pillars of Islam during this month. Muslims are urged not to forget the poor, homeless and less fortunate during these challenging times. Let us all pray this Ramadan for an end to the pandemic and the restoration of peace and well-being to all.



Omar Issadeen

*Omar Issadeen is a civil engineer at GHD and regular attendee at his local Mosque in Kuraby.*

## Esmin Gonsalkorala – 20<sup>th</sup> Death Anniversary: Appreciation.

On 29 May this year, it is 20 years since Esmin Gonsalkorala passed away. Sri Lankan community in Queensland fondly remember Esmin for her dedicated service to the Sri Lankan community.

She was the President of the Sinhala Association of Queensland (SAQ) from 1996 - 1997 and an active member for many years. She was involved in writing the constitution and was pivotal in forming the Sinhala Association of Queensland.

She was also an enthusiastic presenter and programmer at Radio 4EB Sri Lankan Group.

Kumudini Vithanage had this dedication to Esmin in the "Dakma" (දැක්ම) publication on the Silver Jubilee celebrations of SAQ.

"Esmin Gonsalkorala served her community well. Twenty five years ago when the Sinhala community was a fledgling minority community, Esmin chose to serve her people through existing institutions, the Sinhala Association of Queensland and Radio 4EB Sri Lankan Group. A committed community member, Esmin remained a key figure of both SAQ and 4EB, on many occasions holding office, in spite of an unforbearing health condition to which she finally succumbed. The courage she exhibited in the face of adversity, determined to fulfil her role as mother to her three young children was inspiring."



## Monthly News Digest: April 2021

01	Fmr. Mannar Bishop Rt. Rev. Rayappu Joseph passes away	<a href="http://www.dailymirror.lk/breaking_news/Fmr-Mannar-Bishop-Rt-Rev-Rayappu-Joseph-passes-away/108-209054">http://www.dailymirror.lk/breaking_news/Fmr-Mannar-Bishop-Rt-Rev-Rayappu-Joseph-passes-away/108-209054</a>
02	Five-member Cricket Management Committee appointed	<a href="http://www.adaderana.lk/news/72776/five-member-cricket-management-committee-appointed">http://www.adaderana.lk/news/72776/five-member-cricket-management-committee-appointed</a>
03	Sri Lanka vs Windies: Series drawn as Karunaratne steps up	<a href="http://www.adaderana.lk/sports/8630/sri-lanka-vs-windies-series-drawn-as-karunaratne-steps-up">http://www.adaderana.lk/sports/8630/sri-lanka-vs-windies-series-drawn-as-karunaratne-steps-up</a>
03	Can you hold foreign currency in hand? – Notice from Central Bank	<a href="http://bizenglish.adaderana.lk/can-you-hold-foreign-currency-in-hand-notice-from-central-bank/">http://bizenglish.adaderana.lk/can-you-hold-foreign-currency-in-hand-notice-from-central-bank/</a>
08	Attorney General authorises ban on 11 Islamic Organizations	<a href="http://www.dailymirror.lk/print/front_page/AG-authorises-ban-on-11-Islamic-Organizations/238-209607">http://www.dailymirror.lk/print/front_page/AG-authorises-ban-on-11-Islamic-Organizations/238-209607</a>
09	Mayor of Jaffna under arrest	<a href="http://www.adaderana.lk/news/72925/mayor-of-jaffna-under-arrest">http://www.adaderana.lk/news/72925/mayor-of-jaffna-under-arrest</a>
09	Jaffna Mayor released on bail	<a href="http://www.dailymirror.lk/breaking_news/Jaffna-Mayor-released-on-bail/108-209740">http://www.dailymirror.lk/breaking_news/Jaffna-Mayor-released-on-bail/108-209740</a>
09	Pramodya to head new cricket selection committee	<a href="http://www.dailymirror.lk/breaking_news/Pramodya-to-head-new-cricket-selection-committee/108-209652">http://www.dailymirror.lk/breaking_news/Pramodya-to-head-new-cricket-selection-committee/108-209652</a>
10	Mohan Samaranayake new Government Information Dept. DG	<a href="http://www.dailymirror.lk/breaking_news/Mohan-Samaranayake-new-Government-Information-Dept-DG/108-209734">http://www.dailymirror.lk/breaking_news/Mohan-Samaranayake-new-Government-Information-Dept-DG/108-209734</a>
11	Ministerial Comm. on Easter PCoI, Nat Security SOC reports: No ban on Bodu Bala Sena	<a href="https://www.themorning.lk/ministerial-comm-on-easter-pcoi-nat-security-soc-reports-no-ban-on-bodu-bala-sena/">https://www.themorning.lk/ministerial-comm-on-easter-pcoi-nat-security-soc-reports-no-ban-on-bodu-bala-sena/</a>
11	Sri Lanka Air Force swimmer sets new Asian record swimming across Palk Strait	<a href="http://www.adaderana.lk/news/72975/slaf-swimmer-sets-new-asian-record-swimming-across-palk-strait">http://www.adaderana.lk/news/72975/slaf-swimmer-sets-new-asian-record-swimming-across-palk-strait</a>
19	Dilhara Lokuhettige gets eight-year ban for corruption	<a href="https://www.espnocrinfo.com/story/icc-bans-former-sri-lanka-allrounder-dilhara-lokuhettige-for-eight-years-for-corruption-1259773">https://www.espnocrinfo.com/story/icc-bans-former-sri-lanka-allrounder-dilhara-lokuhettige-for-eight-years-for-corruption-1259773</a>
25	Sri Lanka vs Bangladesh 1st Test ends in a draw	<a href="http://www.adaderana.lk/sports/8648/sri-lanka-vs-bangladesh-1st-test-ends-in-a-draw">http://www.adaderana.lk/sports/8648/sri-lanka-vs-bangladesh-1st-test-ends-in-a-draw</a>
26	All state and private functions banned for two weeks	<a href="https://www.themorning.lk/all-state-and-private-functions-banned-for-two-weeks/">https://www.themorning.lk/all-state-and-private-functions-banned-for-two-weeks/</a>
27	Cabinet approves to ban burqa, niqab	<a href="http://www.dailymirror.lk/top_story/Cabinet-approves-to-ban-burqa-niqab/155-210704">http://www.dailymirror.lk/top_story/Cabinet-approves-to-ban-burqa-niqab/155-210704</a>
28	Nuwan Zoysa handed six-year ban under ICC Anti-Corruption Code	<a href="http://www.adaderana.lk/news/73390/nuwan-zoysa-handed-six-year-ban-under-icc-anti-corruption-code">http://www.adaderana.lk/news/73390/nuwan-zoysa-handed-six-year-ban-under-icc-anti-corruption-code</a>

## Mothers' Day: You mean the world to me 'AMMA'

Another year has come by where we celebrate Mother's Day in the month of May. I truly believe that a Mother should be celebrated every day. However, does this busy life allow us to do that?

There are Mothers in this world, and then there are Sri Lankan Mothers. My mother is no different to any other Sri Lankan Mother. She makes me second guess my choice of clothes, treats me as if I am still 5 years old, asks me to look after my health but also, bakes me a butter cake.



From L to R: Merly Patabendige with daughters Oshie on her left and Hansi Kottegoda on her right

My mother Merly is a very emotional lady. A running joke in the family is that we call her 'Rukmani Devi'. Just like the late Sri Lankan actress, she cries at absolutely everything. This is because her heart is full of kindness and love. She is strong, considerate and thoughtful. Another beautiful quality of hers is that she truly invests her time to be there for her loved ones and empathise with their situations. Her love and care for her friends and family goes above and beyond.

I am not proud of this but during testing times in life, I have hurt her feelings. However, one hug and a 'sorry' would melt her heart and everything is all back to normal. Her unconditional love amazes me.

Amma, you are everything to us. We may not show it every day, but please know that we are nothing without your love and guidance. I will never truly understand what you have sacrificed for us, until I become a mother myself. Till then, please excuse me if I fail to understand you.

I hope one day I will become a loving and a devoted mother, just like you have been to me and my sister. Thank you for bringing us into this world. We love you more than words could ever say.

To all the strong and beautiful mothers out there, with all my heart, I wish you a very Happy Mother's Day. Also, let us not forget the Mothers to be, Mothers who have lost their battles but are still hopeful, Aunts who love their nephews and nieces, and pet mothers. I wish them all a very Happy Mother's Day.

### Oshadie Sunilshantha Peiris

*Oshie works in the Real Estate Industry at Property Pursuit Paddington. (Buyer's agents/Property Management Services). Oshie loves to support small local businesses in the community. She is passionate about music, drama & theatre. She loves and values her family & friends and is obsessed with her dog Hugsie Peiris.*

### App of the Month: TED



Access a wealth of informational and inspiring TED Talks on your phone. Get personalized recommendations that match your unique interests, or browse TED's library of thousands of inspiring, informative, transformational videos for free.

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- Add talks to your list to watch later

## Teesha Manage dives into success!

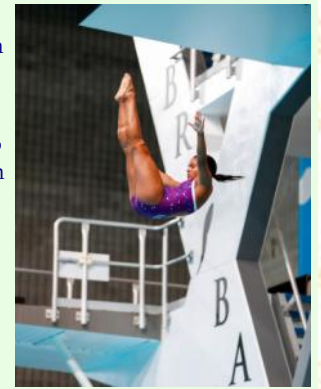
Teesha Manage who migrated to Australia at the age of 3 in 2010 is a keen swimmer and is a member of the school swimming squad at Citi-pointe Christian College, Carindale.

Teesha, now 14 years old, started Diving in 2015 as a recreational diver. Two years later Teesha was ready to become a competitive diver. In the following years she won many State Championship medals.

At the Australian Age Diving Championships held at Brisbane Aquatic Centre in Chandler, from 14 - 17 April 2021, competing against 30 divers across Australia, Teesha won the gold medal for 14/15 Girls - 1m Springboard event - a sweet success in only the third appearance in a National Championship!

Teesha also came 6th in 14/15 Girls 3m Springboard event and came 9th on her Girls 14/18 3m Synchronised Swimming in this Championship.

On behalf of the Sri Lankan community in Qld, we congratulate Teesha Manage and wish her further success in the future. Teesha is the daughter of Uditha and Dilani Manage of Brisbane.



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*Where they are now....*

**Digital Disruptions**

I last wrote an article for the 4EB newsletter in 2007. How times have changed over the past 14 years. They say that our bodies and minds change every 7 years, and what a ride the past two cycles have been!

*Over the past 15 years, many children and young adults have contributed to Dabana.*

*This is a new series that highlights their life and progress.*

**THE ETERNAL TUG OF WAR...**

**By Anjula Piyasena**

Day after day we experience the great allure of old age relentlessly choking us with its grasp, and day after day we depend on the numerous cosmetic superficialities that, we hope, will shield us from its uncompromising grasp. But is this an overly optimistic deception? The use of vanity disguises us, hides our true identity from the world. Thus the unfortunate mankind has gone too far into this unnatural blessing and is still pursuing it in an attempt to shield them from the inexorable process of aging.

This subject has been explored in tremendous detail by numerous persons throughout history, but never – in my opinion – has it been examined in such simplicity and completeness as the following poem by Sylvia Plath:



*An extract from Anjula's article in July 2007.*

I was always fond of art – in the form of drawing, painting and sculpting. I was fortunate enough to be able to pursue my hobby throughout my youth, studying art into my final year of school. We lived in a much different world then – 20 to 30 years ago. Technology as we now know wasn't there. No mobile phones, no iPads, no internet. In its place, we immersed ourselves in imagination – easily being able to look at the world retrospectively, and convey our understanding through art and literature, for others to take in and catalyse their own imaginations. The simple life was fun!

Don't get me wrong, technology is a great thing – but it has its place in our day to day lives. There is a fine line between technology for convenience vs indulgence. I graduated from the University of Queensland as an Electrical Engineer

in 2003 and followed a career delving deep into the 'Operational Technology' realm. These technologies enable control and monitoring of industrial systems, making business decisions using real-time information from sites thousands of miles away, from the convenience of your preferred location on the globe.

Nonetheless, the grey area between convenience and indulgence is widening. It has become very easy (and convenient) to lose touch with the real-world and live a life as an avatar in some made up universe. Your imagination is very much tailored to someone else's design.

Art has a huge place in human culture. It helps build our senses from bottom-up – helps garner and nurture imagination and perhaps later in life do great things with the power of your own imagination.

**Anjula Piyasena**



*Anjula moved to Australia with his family in 1992 as a 11 year old. He has lived in Queensland since 1995 and has been an active member of the Sri Lankan community in Brisbane. He currently resides in Holland Park with his wife Bonnie, their 2-year-old daughter, Maisie and Winnii, their dog. He no longer has time to paint.*

**Editor's Note -**

We invite articles from those under 25 years to be featured in the newsletter in Youth Corner and Kids Corner. We plan to follow his/her progress sometime down the track as you may see in the article on this page. Please make it 400 words or less and send to the editor at newsletter@4ebsrilankan.org by the 20th of the month.

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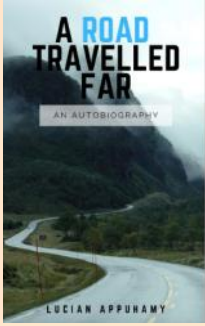
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## Book Review: A Road Travelled Far by Lucian Appuhamy

“A ROAD TRAVELLED FAR” is the autobiography of Mr Lucian Appuhamy, who resides in Brisbane. It narrates the story of a boy who was born in a rural village in Sri Lanka, became a Civil Engineer and travelled the world, working on Engineering projects in developed and developing countries. It contains anecdotes and memories of his experiences at the university and at work as he navigated through politics, culture and work.



Lucian Appuhamy

It is a story that speaks of the history of Sri Lanka, specially in the field of engineering and also the frustration in the government service due to the interference of the politicians. Lucian was one who never wanted to bow his head to the politicians.

The book that unfolds his work life, from Chapter 5 to Chapter 12 and his overseas work in Nigeria, New Zealand, Papua New Guinea, Laos and Australia are interestingly discussed. The opening four chapters discuss the family with parents, school and the university education. I read with interest the Peradeniya University atmosphere prevalent at that time and how the ragging was done and how clashes with army took place.

The hundred and twenty five page book is interesting and readable with an excellent flow. Had there been some mention of other aspects of his life it would have made a complete autobiography. It is the life of a contended person you read in "A ROAD TRAVELLED FAR".

Nimal Sedera

## ANZAC Day Celebrations

After a lapse of one year due to COVID, members of the Sri Lanka Ex Servicemen’s Association marched alongside the members of RSL Kenmore Moggil Branch at the Brookfield showgrounds.

The usual parade at Kenmore featuring a large number of veterans, community groups, school children, military vehicles etc was downsized this year to a much shorter parade to the Brookfield showgrounds. The school children lined up along to route to cheer the veterans into the showgrounds.

Admiral Travis Sinniah, the 21st Commander of the Sri Lanka Navy laid a wreath on behalf of the Sri Lankan contingent.

The President of the RSL Kenmore Moggil Branch, Lieutenant Colonel Rick Maher recounted the significance of the Brookfield showgrounds in the recruitment drive for World War I. The grounds was the site of the horse muster where the locals donated horses for the service in the war.

Recognising the role the Sri Lankan soldiers played in Gallipoli, Sri Lanka food was available.

A T20 cricket game between the Armed forces and the Lord Mayor’s team was played in recognition of the “Shell Green” played by the Australians as a diversionary tactic in Gallipoli.

Wimal Kannangara



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වේදිකාව, රිදී නිරය, පුවි නිරය, එහෙම නැත්නම් කවියක්, ගීතයක්, කෙටි කතාවක්, නව කතාවක් වැනි කලා කෘතියක් නිර්මාණකරණයේදී හමුවන විවිධාකාරවූ රසවත් සිද්ධීන් එමයි. මෙම කතා බහ අහ දැනගන්න, බෙදා හදාගන්න, මං දන්නවා කලාකාරී අපි හැමෝම කැමැත්තක්, රුවිකත්වයක් දක්වනවා කියල. කෙලින්ම නොකීවට, අපි කවුරු කවුරුත් gossip අහන්නත් මනාපයි නේ.

ඔබ දන්නා, අපි නොදන්න, නිරය පිටිපස්සේ ඇතිවන රසවත් සිද්ධීන්, බෙදා හදා ගැනීමේ උත්සාහයක් හැටියට මෙම කොලම ඔබට විවෘතයි. සමහර වෙලාවට මේ අතරේ ඉතා අනුවේදනීයවූ, දුක්මුසු කතා බහත් තියෙනවා. කතාවේ මුණ ගැහෙන, ඒ කාටවත් උපහාසයක්, අපහාසයක් නොවන විධියට, අපි ලියමු.



## TITANIC කුමාරයා

විසිවැනි සියවස මුල් භාගයේ, මීට වසර 100 කටත් වැඩිය කලියෙන් දිනයක, හරියටම කියනවා නම් 1912 අප්‍රේල් මස 15 වැනිදා 'RMS TITANIC' අධි සුබෝපහෝගී මහී නෞකාව උතුරු අත්ලාන්තික් සාගරයේදී විශාල පාචන අයිස් පර්වතයක ගැටීමෙන් අනපේක්ෂිතව මුහුදුබත් වීම පිළිබඳ පුවත ලෝකවාසීන්ගේ මහත් කම්පනයට හේතු විය. එවකට නෞකාව තුළ ගමන් කරමින් සිටිය මගීන් 1514 දෙනකු බෙදජනක ලෙස මරණයට පත් කරමින්, TITANIC නැව සිය මංගල චාරිකාවේදීම ඉතාමත් අවාසනාවන්ත අයුරින් අත්ලාන්තික් සාගරය පත්ලේ සැඟව ගියේ ලෝක ඉතිහාසයේ සදා නොමැකෙන කඳුළු සටහනක් තබමින්ය. කෙසේ වෙතත් දශක කීපයකට පසු මෙම සිද්ධිය ජනතාවගේ මතකයෙන් කෙමෙන් ගිලිහී ගියේය.



මේ ශෝචනීය සිදුවීම පිළිබඳව නැවතත් සමස්ත ලෝකවාසීන්ගේම පුළුල් අවධානය යොමු වූයේ 1997 වසරේදී JAMES CAMERON විසින් මෙම සත්‍ය කතා පුවත ආශ්‍රයෙන් චිත්‍රපටයක් නිර්ගත කිරීමෙන් පසුවය. අමෙරිකානු ඩොලර් මිලියන 200 ක් පමණ වැය කරන ලද

මෙම දැවැන්ත නිර්මාණය, 'TITANIC' චිත්‍රපටය, 1997 දෙසැම්බර් 19 වැනිදා සිට ලොව පුරා ඉතා සාර්ථකව නිර්ගත වුණා. අමෙරිකානු ඩොලර් මිලියන 200 ක් පමණ වැය කරන ලද මෙම දැවැන්ත නිර්මාණය, 'TITANIC' චිත්‍රපටය, 1997 දෙසැම්බර් 19 වැනිදා සිට ලොව පුරා ඉතා සාර්ථකව නිර්ගත වුණා. එය එතෙක් අමෙරිකානු චිත්‍රපට ඉතිහාසයේ ඩොලර් බිලියනය ඉක්මවූ ආදායම් වාර්තාවක් තැබූ පළමු චිත්‍රපටය වුණා.

ඒ විතරක් නෙමෙයි, නූතන ලෝකයේ තරුණ කොටස් අතර 'TITANIC' උන්මාදයක් ඇති කළ මෙම චිත්‍රපටය Oscar/Academy සම්මාන



14කට නිර්දේශ වුණා. අවසානයේ වසරේ හොඳම නිර්වනය, හොඳම අධ්‍යක්ෂණය, විශිෂ්ටතම චිත්‍රපටය, සම්මාන ත්‍රිත්වය ඇතුළුව Oscar Academy සම්මාන 11 ක් දිනා ගත්තා.

'TITANIC' චිත්‍රපටය, 'RMS TITANIC' නැව ගිලියාම පිළිබඳව ව්‍යවසානය කැට්ටු ප්‍රේම වෘත්තාන්තමය චිත්‍රපටයකි. 1912 දී මංගල යාත්‍රාවේ යෙදෙන අතරතුරදී අවාසනාවන්ත ඉරණමකට ගොදුරු වන ටයිටැනික් නෞකාව තුළදී, ආදරයෙන් වෙළෙන සමාජයේ වෙනස් සමාජ පන්ති දෙකකින් පැවතෙන ජැක් ඩෝසන් (ලියනාඩෝ ඩිකැප්රියෝ) සහ රෝස් ඩිවිට් බ්‍රැකාටර් (කේට් වින්ස්ලට්) අතර ප්‍රේම වෘත්තාන්තය මෙය තුළින් ගෙන හැර දක්වයි.

'TITANIC' චිත්‍රපටය ප්‍රේම වෘත්තාන්තය ලොව පුරාවටම සීග්‍රයෙන් ජනප්‍රියවීමත් සමඟම ලියනාඩෝ ඩිකැප්රියෝ නාමයද උන්මාදයක් ලෙසට ලොව පුරාම තරුණ තරුණියන් අතරේ පැතිර ගියේය. ඩිකැප්රියෝ ගේ රූව මුද්‍රිත කම්ප තරුණයන් අතර විලාසිතාවක් විය. ඔහුගේ කොණ්ඩ මෝස්තරය බොහෝ තරුණයන් අනුකරණය කළේය. එක රැයින් ඩිකැප්රියෝ තරුණයන්ගේ සිහින කුමරා බවට පත්විය.

රත්තරං පාට සේද වගේ කොණ්ඩයකුයි, නිල් පාට ඇස් දෙකකුයි තියෙන ඩිකැප්රියෝ උපත ලැබුවේ, 1974 ඇමරිකාවේ ලොස් ඇන්ජලීස් නගරයේදී. ඒත් ඔහුගේ නමෙන් තේරෙනව වගේම ඔහුට ඉතාලි සම්භවයක් තියනවා. ඔහුට ඒ නම ලැබුණ හැටි ගැන කතා බහ මෙහෙමයි.

1970 දශකයේ මුල් භාගයේ දවසක, ඉතාලියේ FLORENCE හි කෞතුකාගාරයක, ලියනාඩෝ ඩා වින්සි ගේ සිතුවමක් නරඹමින් සිටින්නේ ජර්මන් රුසියන් සම්භවයක් ඇති ඉමර්ලින් නම් තරුණියකි. ඇය විවාහ වී සිටියේ ඉතාලි ජාතික COMIC රචකයෙක් සහ බෙදාහරින්නෙක් වූ ජෝර්ජ් ඩිකැප්රියෝ සමඟයි. ඒ වනවිට ඇයගේ කුසේ දරුවෙක් පිළිසිදගෙන තිබුණා. සිතුවම නරඹමින් සිටි ඇයට හදිස්සියේම තමන්ගේ කුස තුළින් යමක් සිදුවුණු බව දැනුණා. ඇයට තම දරුවාගේ පහසු මුලින්ම දැනුණ නැත එතැනයි. මේ අවස්ථාව සදානුස්මරණය කරන්න ඇ තමන්ට ලැබෙන්න ඉන්න දරුවා සිරිමි දරුවෙක් නම්, ඔහුට ලියනාඩෝ කියල නම් කරන්න තීරණය කරනවා.



පසුකාලීනව මේ දරුවා මුළු ලෝකයේම සදානුස්මරණය වර්තයක් වේවිසි ඇ ඒ වෙලාවේ නම් හීනෙකිවත්වත් නොසිතන්න ඇති.

දරුවාගේ සම්පූර්ණ නම ලියනාඩෝ විල්හෙල්ම් ඩිකැප්රියෝ.

කුඩා කල සිටම රහපෑමට ආසා කළ ලියනාඩෝට “ලෙනී විලියම්ස්” වේදිකා නාමය යටතේ රූපවාහිනී වෙළඳ දැන්වීම් සහ අධ්‍යාපන වැඩසටහන් ගණනාවක පෙනී සිටීමට අවස්ථාවක් ලැබෙනවා. ඔහු සිනමා රංගනයට පිවිසෙන්නේ CRITTERS-3 (1991) අඩු වියදම්, ත්‍රාසජනක චිත්‍රපටයෙන්. 1994 දී WHAT'S EATING GILBERT GRAPE චිත්‍රපටයේ මානසික ආබාධයකින් පෙළෙන දරුවෙකුගේ වර්තය නිරූපණය වෙනුවෙන් ඔහු හොඳම සහායක නළුවා විදියට OSCAR සම්මානය සඳහා නිර්දේශය ලබනවා. මේක ඩිකැප්රියෝ ගේ රංගන ජීවිතයේ පළමු වැදගත් සංධිස්ථානය විදිහට හඳුනාගන්න පුලුවන්. නමුත් ඔහු 1997 ජනප්‍රියත්වයේ හිනි පෙන්නට ළඟා වූණේ 'TITANIC' චිත්‍රපටය නිසා.

බොහෝ අය ඩිකැප්රියෝව හඳුන්වන්නේ හොලිවුඩයේ අවසන් සුපිරි තරුව විදිහට. මෙතෙක් ඔහු රභ දක්වා තියෙන්නේ, සුපිරි වීර වර්ත වලට වඩා යතාර්ථයට සමීප මහ පොළවේ පය ගහල ජීවත්වෙන වර්ත. බොහෝවිට ඔහු නිරූපණය කරල තියෙන්නේ මානසික අරගලයක ගැටෙන හුදෙකලා වූ මිනිස් වර්තයන්. කොහොම වුණත් මේ හැම සිනමාපටයක්ම වගේ ආදායම් අතින් සාර්ථක වෙනව වගේම ප්‍රේක්ෂකයන් අතරත් ඉහළ පිළිගැනීමක් ලබාගන්න සමත්වෙනවා.

මැන කාලීනව බිහිවූන නළුවන් අතරේ මේ තරම් සාර්ථකත්වයක් ලැබූ වෙන කෙනෙක් නැති තරම්. ඒ නිසා අවසාන සුපිරි තරුව නමින් ඔහුව හැඳින්වීම වරදක් නැ.

2000 වසරේ සිට, පුළුල් සිනමාත්මක පරාසයක විහිදුණු චිත්‍රපට වල රහපෑම වෙනුවෙන් ඩිකැප්රියෝ විවාරක ප්‍රසාදය වගේම OSCAR ACADEMY සම්මාන හයක් සඳහා නිර්දේශ වී ඇති අතර ඉන් පහක් රංගනය වෙනුවෙන් ද එකක් නිෂ්පාදනය වෙනුවෙන්ද විය. 2016 දී ඔහු හොඳම නළුවා සඳහා වන OSCAR ACADEMY සම්මානය 'THE REVENANT' චිත්‍රපටයේ රහපෑම වෙනුවෙන් හිමි කර ගත්තේය.

### සමන්මල් ගුණරත්න

මෙම සටහන ප්‍රසිද්ධ පුවත්පත්, අන්තර්ජාලය තුළින් ලබා ගත් ලිපි ඇසුරින් නිමවූ බව කරුණාවෙන් සලකන්න

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**මතු වූ නි දහම් උල්පත**

මදනල තුරුලතා කිකිකවමින් නිබ ද  
 හෝපලු වන වදුලු පිරි විහඟුන්ගෙ න ද  
 හිම වන සිසාරා මිහිදුම් සේල ඇ ද  
 කිඹුල්වත් පුරේ අද වෙනසක් කිම ද

විලිකුන් සුරත් පැහැගැන්වී නැගෙනහිර ර  
 අතොරක් නොමැත පිපි මල් ලිය ගොමු අත ර  
 සල්වන පෙනේ තුරුලිය කරමින් දබ ර  
 සිදුහත් උපත සමරන්නට දරණ වෙ ර

දඹදිව උතුර ඉසිවර අසපුවක් උ නේ  
 උතුමන් විසූ නිසයි පින්බර පැහැද පෙ නේ  
 සිදුහත් උපත සිදුවන අද වෙසක් දි නේ  
 සමරණ විටත් සිත සැනහෙන සතට ගෙ නේ

සුර නර බඹුන් ඉසිපතනේ මුළ දුන් දා  
 සතර අරිය සත් දම්සක් දෙසු බෙ දා  
 මතු වූ නි දහම් උල්පත මහ ගහක් හ දා  
 අදටත් ගහ ගලයි ගැඹුරැයි රසයි ස දා

මිනිසෙකු ලෙස ඉපිද මිනිසක් බවෙන් මී ර  
 නිවනට වත්හ යායුතු මග පහදා ර  
 පන්සාලිස් වසක සවි සත සරණ යෙ ර  
 වැඩියේ පිරිනිවන් කුසිනාරවේ ර

වෙසක් මහට පුබුදින මල් එකතු කො ට  
 අහස උසට පිදුවත් මදි බුදු පුද ට  
 මගේ බසින් බුදු ගුණ කද පවසන් ට  
 ඇහැක් වේද අප වැනි පුහුදුන් අය ට



රුහුණ



**ඇල්ගුඩ් වටපුළුව**  
 ඇල්ගුඩ් වටපුළුව විශ්‍රාමික වියුලි හා යාන්ත්‍රික ඉංජිනේරුවෙකි.  
 කවි හා සාහිත්‍යය කෙරෙහි ඔහු තුළ  
 ඇති ඇල්ම ඔහුගේ විශ්‍රාම ජීවිතය ක්‍රියාශීලී කරයි.

**Stories Behind Names of Places in Sri Lanka: How Siyambalawa got its Name**

The Siyambalawa we talk about here is not the Siyambalawa near the National Park at Yala, but a small village near Girithale.

Here again the naming of the village is linked to the famous King Mahasen, the great King who has earned a key position in Sri Lankan history, specially for the work he did in relation to irrigation. King Mahasena constructed the Minneriya lake. People respected him so much he was named "god of Minneriya" or "Mahasen Deviyo" after his death. Even today people pray to "Mahasen Deviyo" in their difficulties.



Then he built the famous "Girithale lake". The first waterway linking two lakes was also built by him, "Maha ela" linking Minneriya and Girithale lakes. When this waterway was being built the King used to visit the work site often as he enjoyed the major task he undertook. He used to walk about, meeting the engineers and talking to the people and stay there for hours, admiring the surrounding jungle too.

On one such visit the King looked for a shady tree to relax. Having seen a huge Tamarind tree (siyambala gaha) that spread over a large area, took shelter under it. Giving respect to the King and the tree they named the tree as "Siyambalawa" and thereafter the place obviously became "Siyambalawa".



**Dr. Nimal Sedera**  
 Dr. Nimal Sedera is a journalist, poet, motivational speaker and an author of 70 books.



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Mr. Anuradha Wanninayake  
Mr. Chathuranga Udugama

#### Building Committee Members

Mr. Nimal Palipana  
Mr. Ananda Pathirana  
Mr. Wasantha Jayawardena  
Mr. Dhanushka Athukorala

### Obituary

**Nelum Weerasena**, beloved sister of Ajantha and Jayantha (of Brisbane), Dr. Susantha (of Sydney) and Ramani (of Colombo) passed away.

Her funeral was held in Sri Lanka.

### Spread The Word

She stood on the bridge  
In silence and fear,  
For the demons of darkness  
Had driven her here.

They cut her heart  
Right out of her chest,  
Making her believe  
That the demons knew best.

They were always there,  
Sometimes just out of sight,  
Waiting in the background  
Till the time was right.

These demons were destructive,  
Knocking down the life she knew,  
Hating everything about her;  
She hated herself, too.

These demons can't be seen,  
But they're far from fairy tales.  
They live inside your mind;  
Their evilness prevails.

So on the bridge she stood,  
About to end the fight.  
Then she stopped and thought  
I'll fight them one more night.



### Siraaj Miskin

*Siraaj is currently following a Bachelors Degree in IT, focussing on Networking. He is interested in photography and plays basketball with friends in his spare time.*



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### Sinhala Association of Queensland: Bak Maha Ulela

Sinhala Association of Queensland held their outdoor New Year Festival (Bak Maha Ulela) on 18 April at the Mount Crosby Showgrounds.



*Kiri Ithiraweema*



*Rasa Kevili and The Mese*



*The Gemma (Oil Anointing)*



*Invitees Lighting the Oil Lamp*



*Cross Country Race*



*Radio 4EB Sri Lankan Group helping with media and Communication*



*Kanaa Mutti*



*Avurudu Kumaraya and Avurudu Kumari Contestants*

### Sri Lanka Society of Queensland New Year Celebrations

Sri Lanka Society of Queensland held their indoor New Year Celebrations on 24 April at the Jindalee Bowls Club.



*Kiri Ithiraweema performed at the very beginning*



*Dance performance by Anuki de Silva and Mihika Samaritunga*



*Traditional Raban played skillfully*



*Bharatha Natyam performance by the students of Nadananjani School of Dancing*



*Lime on Spoon Race*



*Avurudu Kumaraya and Avurudu Kumari*



*Attendees*

### Gold Coast Sri Lankan New Year Celebrations (Bak Maha Ulela)



*Lighting the Traditional Oil Lamp*



*Avurudu Kumaraya and Avurudu Kumari Contestants*



*Aliyata Es Thabeema (Placing the Eye for the Elephant)*



*Anointing Oil*

## Richmond Mahinda OBA of Queensland 5th Annual Cricket Match

Richmond Mahinda Old Boys Qld, 5th annual cricket match was played at the Macgregor cricket club grounds on 26 April 2021. It was a T20/20 game and Mahinda team won the match by 5 wickets, Richmond -157 all out ( 20 overs) , Mahinda- 158/5 ( 19.5 overs).



**Sanjeeva Haputhantri**  
Richmond Mahinda OBA

## Sri Lanka Sports Association Cricket Carnival

Sri Sumangala College Old Boys were crowned Carnival of Cricket champions at the Sri Lanka Sports Association's 6th annual event held on April 10 and 11 at Camp Hill.

The tournament was keenly contested, with Sri Sumangala defeating Dharmaraja College by 14 runs in the final.

Some matches went down to the wire, with Sri Sumangala beating Ananda by one run in a last-ball thriller in the semi-final game.



*A winning combination: Sri Sumangala players proudly show off the champion's trophy*

*Runners-up: Finalists Dharmaraja with SLSA president Lal Mendis, Cr Angela Owen and SLSAQ patron Anton Swan*

The carnival is normally run in two divisions – Schools and Open Clubs – but due to heavy rain in the preceding week, the club event was postponed as the turf wicket on Oval 3 at the Whites Hill Reserve Grounds was unplayable. The schools' division, with nine teams, was able to go ahead on the drier ovals.

SLSAQ president Lal Mendis said that despite the curtailed event, the carnival was a huge success and attracted more than 300 players and spectators across the two days. The quality of cricket also was of a high standard.

He thanked the councillors from Holland Park, Coorparoo and Calamvale wards for their continued support and sponsorship of the tournament via the Lord Mayor's Community Fund.

### Scores:

Semi-finals

Sri Sumangala 5/58 defeated Ananda 2/57

Dharmaraja 2/69 defeated Trinity 2/68

Final

Sri Sumangala – 4/90 defeated Dharmaraja 2/76

Best batsman: Danushka (Dharmaraja)

Best bowler: Nilantha (Sri Sumangala)

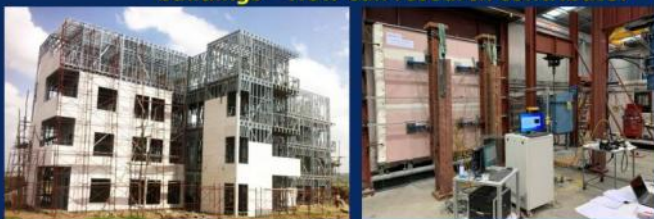
Best all-rounder: Supun (St Sebastian's)

**Lawry Heyn**



**The Institution of Engineers  
Sri Lanka Queensland Chapter Inc.**  
Presents a Webinar on

**"Fire safety design of cold-formed steel  
buildings – How can research contribute?"**



**Date:** Wednesday, 5 May 2021

**Time:** 6.15 pm for 6.30 pm start (1 Hour Duration) – Brisbane time (GMT + 10)

**Presenter:**  
Professor Mahen Mahendran  
Queensland University of Technology



To participate in this event please send an email to [info@ieslqld.org](mailto:info@ieslqld.org) with the subject header 'CPD10'. We will then send you the log-in details.

Please contact: Chanaka Abeysinghe on 0429 129 873 or Tharindu Abeykoon on 0478 058 630 for more information

*The admission to the event is free and this is considered as a CPD claimable event for Engineers Australia. Delegates should check their individual scheme requirements.*

## Language Translation and Interpretation

**If you need a NAATI accredited professional to TRANSLATE your Sinhala documents into English or INTERPRET conversation Sinhala to/from English for any official or non-official purpose please contact**

**Premasiri Weerasekera**  
0402 395 942 or 3278 7809 (ah)  
[prem.weerasekera@gmail.com](mailto:prem.weerasekera@gmail.com)  
Forest Lake



**"Have-A-Chat" is on again**

**Sunday, 16th May, 2021**  
12.00 noon to 4.00 p.m.

Mitchelton Senior Citizens Club  
30 Tel-El-Kebir Street, Mitchelton

Sri Lankan Buffet Lunch by Thilani  
Melodious music by Ray Anthonisz



**BYO DRINKS**

Members: \$25.00  
Guests: \$35.00

Bookings close Monday, 10th May unless booked out earlier

Please contact:  
Laurensz Manricks 0408 414 973  
Denis Anthonisz 0432 411 383 or  
Susan Fahir 3878 4782

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SUN  
9-10 am

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WED  
9-10 pm

98.1 FM

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Please contact us for more information around event and sponsorship opportunities  
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**10<sup>th</sup>**

Queensland

**BATTLE OF THE**

**MARROONS**

2021

**08 May 2021 | 9 am**  
Wolston Park Centenary Cricket Club  
Orford Dr, Wacol QLD 4076



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PRODUCER  
RENUKA BALASOORIYA

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JINDALEE READING CINEMA  
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Thambapanni  
**Dinner Dance**

DRUMS - DARSH ANTHONIGE / KEYBOARDS - SAMEERA SENARATNE  
LEAD GUITAR - LAKSHAN FERNANDO / BASS GUITAR - SHAYNE FERNANDO / VOCALS - CHARITH MARTINO  
VOCALS - THAMASHA FERNANDO

**05<sup>TH</sup> JUNE 2021**

STRATHPINE COMMUNITY CENTRE

199 Gympie Rd., Strathpine (Tom Petrie room)  
6.00 PM Till Midnight

BYO  
Dress Code - Smart Casual

Grand Buffet Catered By

**Ceylon Spice & Taste**

Tickets - General - \$50 / Kids - \$25

Contact - ASANKA - 0415328328 / ANU - 0426414924

# Vesak Celebrations

May 2021

**Sri Lanka Buddhist Monastery - Brisbane**

**A Conference on the theme 'World Peace Through Spirituality'**  
 26 May 2021 (Wednesday) 8.30 am to 11.00 am  
 Venue : SLBM

**Sambuddha Vandanawa & Special Buddhist Sermon**  
 29 May 2021 (Saturday) 5.30 pm to 6.30 pm  
 Venue : SLBM

**Bhakthi Gee (Devotional Songs), Cultural Programs and Display of Vesak Lanterns**  
 29 May 2021 (Saturday) 6.30 pm onwards  
 Venue : SLBM

**Vesak Sil Program**  
 30 May 2021 (Sunday) 8.00 am 4.30 pm  
 Venue : SLBM

Supported by  
 Queensland Government

YouTube Sri Lanka Buddhist Monastery - Brisbane Australia  
 www.srilankaramaqlld.org.au

## Conference: World Peace Through Spirituality

A conference, on the theme 'World Peace Through Spirituality' is scheduled to be held on 26 May 2021, to commemorate the Vesak festival. This is a multicultural event, organised by the Sri Lanka Buddhist Monastery (Forest Lake Temple) and supported by the Queensland Government.

The keynote address will be delivered by Venerable Ajahn Brahm Thero, the Spiritual Director of Bodhiyana Monastery, Western Australia.

This will be followed by short speeches on the topic by representatives of various religious faiths in Queensland. Two learned speakers from the USA and Sri Lanka are expected to address the conference, via Zoom.

**Date** : 26 May 2021 (Wednesday)

**Time** : 8.30 am to 11 am

**Venue** : Forest Lake Temple

Those who are interested in attending this program are requested to send an e-mail to [monastery@sambodhi.org](mailto:monastery@sambodhi.org), for registration.



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**Buddhist Vihara of Queensland**

## Vesak Day Celebrations, 2021 - A Sri Lankan Experience

Dear Friends,  
 Vesak commemorates the birth, enlightenment, and passing away of the Lord Buddha, and as such, it is highly significant for all Buddhists.

We warmly invite you to join this year's Vesak celebrations on 30th May 2021 which will be organized by the Buddhist Vihara of Queensland and sponsored by the Brisbane City Council  
 Please refer to the details below:

**Date:** Sunday 30th May 2021

**Venue:** Acacia Ridge State School, Nyngam Street, Acacia Ridge

**Time:** 4.00pm onwards

**Program Highlights:** Vesak Procession, display of lanterns, and Performances of traditional Sri Lankan singing and dancing

Contact us for further details: :- 3818 8806

Organized by  
 Rev.Sitinamaluwe Sugathasara Thero  
 and Committee Members



## Sri Lankan Events Brisbane

Please check the latest status of the events with the relevant organisations

## May 2021

05	CPD Event: Fire Safety Design of cold-formed Buildings	IESL QLD Chapter
08	Battle of the Maroons - Cricket Match	Ananda/ Nalanda OBAs
16	Have a Chat Party	Silver Fawn Club
16	Movie: Tsunami	Aradhana Entertainment
22	Vesak Sil Program	Gold Coast Buddhist Centre
22	Vesak Festival: Buddha Puja and Dhamma Sermon	Goodna Temple
23	Vesak Sil Program	Goodna Temple
23	Vesak Sil Program for Kids and Youth	Gold Coast Buddhist Centre
26	Multicultural Conference on 'World Peace Through Spirituality'	Forest Lake Temple
29	Vesak Festival	Gold Coast Buddhist Centre
29	Vesak Festival, Bhakthi Gee, Vesak Lanterns Display	Forest Lake Temple
30	Vesak Celebration supported by Brisbane City Council	Goodna Temple
30	Vesak Sil Program, Vesak Lanterns Display	Forest Lake Temple

## June 2021

05	Thambapanni Dinner Dance	Thambapanni Pvt Ltd.
12	Prathibha – A Cultural Show ; Sri Lankan Food Festival	Sri Lanka Arts Circle/ Forest Lake Temple
19	Annual Sil Program for Children	Goodna Temple
26	Poson Festival, Mihindu, Sangamitta Perahera, Mihintalagala Display	Forest Lake Temple
26	Poson Sil Pogram	Gold Coast Buddhist Centre
26	Poson Pinkama	Goodna Temple
26	Poson Sil Program	Goodna Temple

## July 2021

17	OAAQ Blood Donation Drive	Old Anandians' Assn.
24	Vas Aradhana	Goodna Temple
25	Vas Invitation Ceremony	Forest Lake Temple
25	Christmas in July	Silver Fawn Club
31	Annual General Meeting	Goodna Temple

## August 2021

8	President's Cup Cricket Tournament	Gold Coast Sri Lankans
28	50th Anniversary Celebration	Silver Fawn Club

Continued on Column 2

Continued from Column 1

## September 2021

18	Musical Show with Local Talent: Aware Pipi	Private
19	Have a Chat	Silver Fawn Club

## October 2021

02	Saralanga	Sinhala Assn. of Qld
17	Sri Lanka Day Celebrations	FSOQ
23-24	Annual Katina Ceremony & Dana	Forest Lake Temple
30-31	Katina Pinkama	Gold Coast Buddhist Centre

## November 2021

6&7	Katina Ceremony - Pirith, Katina Robe Offering and Dana	Goodna Temple
27	Christmas Dinner Dance	Gold Coast Sri Lankans

## December 2021

18	Christmas Carols and Function	Silver Fawn Club
31	New Years' Eve Dance	Silver Fawn Club

## Radiothon 2021

**Radio 4EB Sri Lankan Group wishes to thanks all those who supported the very successful Radiothon. Your support will help keep the station on air.**

## Program Schedule

## Arunella - Sunday 9.00am - 10.00am FM 98.1

Date	Producer/Panel Operator
02 May	Sam Fernando/ Sam Fernando
09 May	Kanthi Wijesoma/ Kasun Karunaratne
16 May	Samanmal Gunaratne/ Samanmal Gunaratne, Sameera Samarasinghe
23 May	Nimal Wijesiri/ Janaka Weerasinghe
30 May	Darshika Koggalahewa, Janaka Dassanayake/ Samanmal Gunaratne, Sameera Samarasinghe
06 Jun	Lakmini Keerawella, Himaya SWA/ Kasun Karunaratne

## Sandella - Wednesday 9.00pm - 10.00pm FM 98.1

Date	Producer/Panel Operator
05 May	Mithila Wanigathunge and Youth Team/Mithila Wanigathunge, Achira Samaratinga
12 May	Yashan Thilakarathne/ Yashan Thilakarathne
19 May	Thisara Pathirennhelage and Guest/ Thisara Pathirennhelage
26 May	Kumarasinghe Dissanayake and Guest/ Niraj Kariyawasam
02 Jun	Mithila Wanigathunge and Youth Team/Mithila Wanigathunge, Achira Samaratinga

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