



Significance of Posen to Sri Lankans

'Poson' falls on the full moon day of June, and it is exactly one lunar month after 'Vesak' full moon day, the most significant day of the Buddhist calendar. For Sri Lankan Buddhists the Posen full moon day is equally significant and is well commemorated.

Upon the success of the 3rd Buddhist Council, Emperor Dharmasoka decided to send delegations to nine other countries to spread the message of the Buddha and chose his son Arahant Mahinda to be sent as special emissary to Sri Lanka along with five other Arahants and a layman. Arahant Mahinda's arrival was to coincide with the reign of King Devanampiyatissa (307-260 BC) who is believed to have had a strong relationship with his Indian counterpart.



On that Posen full moon day, the King was on a hunting expedition. While chasing a deer he lost his way and arrived at the foot of the Mihintale rock. Arahant Mahinda who was waiting for him called his name and started a conversation to test the King's intelligence. Satisfied that the King would be able to comprehend the Dhamma, the

Arahant delivered 'Chulahatthipadopama Sutta' (simile on the foot of an elephant) to explain the doctrine. Having listened to the sermon the King and his 40,000 followers embraced Buddhism thus marking the beginning of a new era in Sri Lankan history.

In the 3rd century BCE, the language in use in Sri Lanka may have been a mixture of the indigenous Hela and a development of the language brought by the Aryans who came from the Bay of Bengal and settled down in Sri Lanka about 200 years earlier. The two parties therefore, may not have found it too difficult to comprehend each other.

Prince Bhanduka, a nephew of Arahant Mahinda, became the first to be ordained in Sri Lanka, probably an act carried out as an incentive to draw Lankans to the Bhikkhu Sasana.

Buddhist cultural practices prevailed in the island. There was development in art, literature, writing and sculpture. Carvings on rocks, paintings and writings are seen even today making us admire the work of our ancient craftsmen and wonder what tools they would have used for those creations. The Thuparama chetiya is believed to be the first historic stupa/chaitya built in Sri Lanka that enshrined the right collarbone of the Buddha, gifted by Emperor Dharmasoka.

Later Arahant Mahinda's sister, Arahant Sanghamitta, also arrived in the island with the sacred Bo tree sapling and established the Bhikkuni Sasana in Sri Lanka by ordaining Queen Anula, King's sister, and other female disciples.



Parakrama Gunasekara

Para Gunasekara is enjoying retirement and has a keen interest in Buddhism and trying to apply Buddhist practices in the day to day life.

World Environment Day - June 5

The theme for World Environment Day 2023 is "Beat Plastic Pollution".

While plastic has many valuable uses, we have become addicted to single-use plastic products with severe environmental, social, economic and health consequences.

Around the world, one million plastic bottles are purchased every minute, while up to five trillion plastic bags are used worldwide every year. In total, half of all plastic produced is designed for single-use purposes – used just once and then thrown away.

Plastics including microplastics are now ubiquitous in our natural environment. They are becoming part of the Earth's fossil record and a marker of the Anthropocene, our current geological era. They have even given their name to a new marine microbial habitat called the "plastisphere".

So how did we get here?

From the 1950s to the 1970s, only a small amount of plastic was produced and, as a result, plastic waste was relatively manageable.

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World Environment Day.. (continued from page 1)

However between the 1970s and the 1990s, plastic waste generation more than tripled, reflecting a similar rise in plastic production.

In the early 2000s, the amount of plastic waste we generated rose more in a single decade than it had in the previous 40 years.

Today, we produce about 400 million tonnes of plastic waste every year.

We are seeing other worrying trends. Since the 1970s, the rate of plastic production has grown faster than that of any other material. If historic growth trends continue, global production of primary plastic is forecasted to reach 1,100 million tonnes by 2050. We have also



seen a worrying shift towards single-use plastic products, items that are meant to be thrown away after a single short use.

Approximately 36 per cent of all plastics produced are used in packaging, including single-use plastic products for food and beverage containers, approxi-

mately 85 per cent of which ends up in landfills or as unregulated waste.

Additionally, some 98 per cent of single-use plastic products are produced from fossil fuel, or "virgin" feedstock. The level of greenhouse gas emissions associated with the production, use and disposal of conventional fossil fuel-based plastics is forecast to grow to 19 per cent of the global carbon budget by 2040.

Systemic change is needed to stop the flow of plastic waste ending up in the environment.

Of the seven billion tonnes of plastic waste generated globally so far, less than 10 per cent has been recycled. Millions of tonnes of plastic waste are lost to the environment, or sometimes shipped thousands of kilometres to destinations where it is mostly burned or dumped. The estimated annual loss in the value of plastic packaging waste during sorting and processing alone is US\$ 80- 120 billion.

Cigarette butts — whose filters contain tiny plastic fibers — are the most common type of plastic waste found in the environment. Food wrappers, plastic bottles, plastic bottle caps, plastic grocery bags, plastic straws, and stirrers are the next most common items. Many of us use these products every day, without even thinking about where they might end up.

We have seen a lot of positive action, but the truth is that we all need to do more and turn off the tap on plastic pollution at the source.

There are many things that you as an individual can do— from asking the restaurants you visit to stop using plastic straws, to bringing your own coffee mug to work, to pressuring your local authorities to improve how they manage your city's waste. Take the Clean Seas pledge and adopt new habits to limit your plastic footprint.

Clean a Beach: If you live near a coastline, join beach clean-ups in your area. Or take your family along on a beach walk and start your own clean-up.

Clean a River: Rivers are direct pathways of plastic debris into the ocean. Join a river clean-up or do your own! The river will look nicer and benefit its ecosystem and the ocean.

Shop Sustainably: Next time you are out shopping, choose food with no plastic packaging, carry a reusable bag, buy local products, and refill containers to reduce your plastic waste and effect on the environment.

Try a Zero-Waste Lifestyle: Become a zero-waste champion. Invest in sustainable, ocean-friendly products- reusable coffee mugs, water bottles and food wraps. Consider options like menstrual cups, bam-

boo toothbrushes and shampoo bars. These will help you save money and the ocean too.

Travel Sustainably: When you are on holiday, try to watch your single-use plastic intake. Refuse miniature bottles in hotel rooms, take your own reusable drinking bottle and use reef-safe sunscreen, without microplastics.



Be an advocate for change: Ask your local supermarkets, restaurants and local suppliers to ditch plastic packaging, refuse plastic cutlery and straws, and tell them why. Pressure your local authorities to improve how they manage waste.

Dress Sustainably: The fashion industry produces 20 per cent of global wastewater and 10 per cent of global carbon emissions. That's more than all international flights and maritime shipping combined. Consider sustainable clothing lines, vintage shops and repair your clothes when possible.

Choose plastic-free personal care products: Personal care products are a major source of microplastics, which get washed into the oceans straight from our bathrooms. Look for plastic-free face wash, day cream, makeup, deodorant, shampoo and other products.

Courtesy: <https://www.worldenvironmentday.global/>

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Silver Sandella... a Jubilee Celebration

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My daughter, if you are still awake- open the door and come out. This indeed is the most beautiful time of the night...

Indeed, this is the most beautiful time of the night- the time Sandella - the evening program of Radio 4EB Sri Lankan Group broadcasting in Sinhala goes on air, every Wednesday from 9.00- 10.00PM.



On 26 May 2023, at the station's community hall, Radio 4EB Sri Lankan Group marked 25 continuous years of Sandella broadcasting at a euphoric gathering of members past and present.

Sandella was the innovative response to the deeply felt need to attract young members to the Programming Group to ensure sustainability. The privilege of broadcasting in Sinhala over Radio 4EB, the only radio channel dedicated to community languages in QLD, was an opportunity to be treasured. (Currently Radio 4EB broadcasts programs in 50 different languages.) Sandella had a dual purpose- make the program attractive to the youth and provide light- hearted entertainment to listeners. With this dual purpose as its mission, the first Sandella program went on air on 26 May 1998.

The zenith of the jubilee celebration was the live broadcast from 9.00-10.00 pm that Wednesday evening. Participating in this special broadcast was a spectrum of programmers - some who had been participants of the very first program, and those through 25 years to the present time.

Youthful participation both on the panel and microphone, meticulous attention paid to technology for high quality rendition, live singing was evidence of purpose turning into passion.



The highlight of the evening was listening to the experiences of programmers presenting Sandella, paying scant attention to dark, icy cold nights and distances to travel to get to the station on time after work, single-mindedly intent only on presenting Sandella, enjoying camaraderie with fellow programmers.

It was also the occasion to pay tribute to the vision and leadership of those founding members - the silver thread binding the Group, enriching the lives of youthful programmers, the thread of protection, "Yainopavitha" (යුර්ව භූමි), providing clearly spelt out guidelines on the purpose and presentation of Sandella.

Sandella is an enduring legacy of commitment to the Sri Lankan community.

Sugee Kannangara

[25 Years Sandella Radio Program on 24 May 2023](#)

[First Sandella Radio Program on 26 May 1998: First 30 Minutes](#)

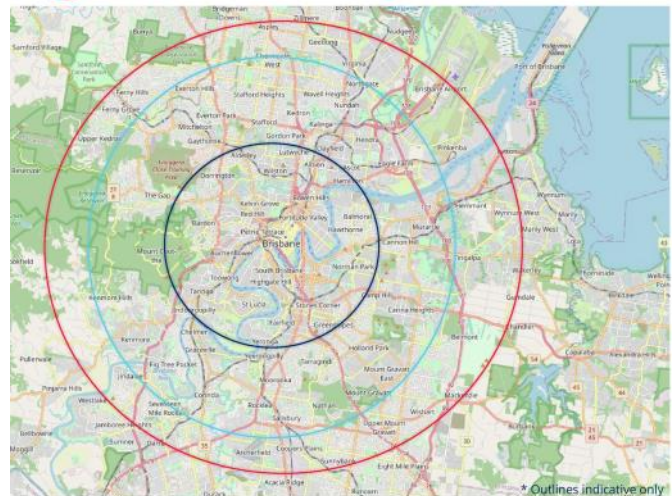
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Stories Behind Names of Places in Sri Lanka

KAYMAN'S GATE

This was a very famous place in Sri Lanka when it was under the Portuguese, Dutch and the British. Sinhala people called it "Kayman dorakada". The story is very interesting as it reveals war strategies of the era.



It is common knowledge that the Portuguese were the first to capture Colombo. After deceiving the Sri Lankan King in Kotte, they sought permission to have a land, the size of a cattle skin for their settlement. The King willingly approved the proposal. The story is that the Portuguese cut a cattle skin into thin strips and joined together forming a large extent of land. Thereafter, they built the Colombo fort on it and slowly constructed a waterway around it. The Beira Lake is a part of it and the area we identify as Colombo

Fort was the place where the Portuguese Fort was. This was later used by the Dutch and then by the British, extending and developing it as their main centre. This area in Sinhala is called "Kotuwa". "Pita Kotuwa" area is the land outside the fort. To date, we use these two words as key parts of the Colombo City: "Kotuwa and Pitakotuwa".

Kayman's Gate was the main entrance to the Portuguese Fort. The story is interesting as to how it was called Kayman's gate. This fort was captured by the Dutch in 1656. There were crocodiles in the waterways around the fort. Some say they came to eat the food discarded to the canal. There is also a view that they were bred to prevent the enemies coming.

However, the Dutch word for crocodiles is "KAAIMAN". So, the gate, the main entrance to the Fort, was referred to by the Sinhalese "Kayman Dorakada". "Dora" is the Sinhala word for the door "Dorakada" means "the entrance".

The original bell at "Kayman's Gate" can be seen even today at the intersection of Main Street and 4th Cross Street in the Colombo Fort area.

Dr. Nimal Sedera

Dr. Nimal Sedera is a journalist, poet, motivational speaker and an author of over 70 books.



Veteran Diplomat Jayantha Dhanapala Passes Away

Veteran Sri Lankan diplomat Jayantha Dhanapala passed away on 27 May, at the age of 85.



Mr Dhanapala was the former United Nations Under-Secretary General for Disarmament Affairs. He joined the Sri Lanka Foreign Service in 1965 and held diplomatic appointments in London, Beijing, Washington, D.C., and New Delhi.

The late Mr. Dhanapala was deeply admired and respected in Sri Lanka and internationally for his humanity, competence and warm personality. He was a role model and beacon to all through his dedication and commitment to public duty and wider intellectual interests and dedication to the arts.

The late Mr. Dhanapala is renowned globally for chairing the 1995 Nuclear Non-proliferation Treaty Review and Extension Conference and for his expertise and dedication to a world free of weapons of mass destruction including disarmament and non-proliferation of nuclear weapons. He wrote several books and articles notably on the topics of international security, non-proliferation, disarmament and multilateral diplomacy.

Courtesy: <https://www.sundaytimes.lk/>

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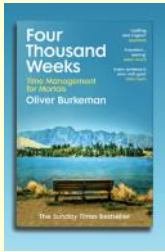
Book Review: Four Thousand Weeks: Time Management for Mortals, by Oliver Burkeman

If an average human lifespan is 80 years, Oliver Burkeman equates that to around 4000 weeks in which to live. A former writer for the Guardian, and self-proclaimed advocate for productivity in his youth complete with weekly planners and to-do lists, in his mid-life, Burkeman is forced to confront the fundamental reality that is the basis of this book: that time is finite. That this is not a practice run for another parcel of time that we will be given. That we will never get to the bottom of our inbox or to-do list. Instead, this is a challenge to stop expecting to find the magic bullet that will make us more efficient and rather accept this reality and instead focus on prioritising how we choose to spend our finite weeks.

As part of his exploration of time, Burkeman provides a summary of how time has been viewed historically and the impact of the Industrial Revolution on the commodification of time. He also explores social and psychological factors, such as digital distraction, social media and self-help-guru driven obsession with the dubious virtue of productivity as well as a decline in faith, that have contributed to the anxiety that drives our inner conflict with achievement and time.

Part historical, part introspective, this book is not a self help book. Instead it is written to provoke reflection on our own values while making us aware of why we view time as we do, inspire us to view time differently and to give us permission to consciously step off the hamster-wheel. Ultimately it is a challenge to stop trying to do everything and focus on allocating time to what is most important to us knowing that this inevitably, but consciously, means letting go of other things. So, how will you spend your four thousand weeks?

Sumudu Britton



Dr. Enakshi Sinniah Reaches Young Noble Laureate Heights

Dr Enakshi Sinniah from the Institute for Molecular Bioscience will join 635 young scientists from around the world at this year's event, which will focus on Medicine and Physiology.

Established in 1951, the prestigious event offers a valuable opportunity for early-career researchers to learn from and network with 40 Nobel Laureates and to exchange knowledge and ideas.

Dr Sinniah is researching stem cells and cardiovascular development.

Her participation in the Lindau Nobel Laureate Meetings is supported through a fellowship by the Science and Industry Endowment Fund (SIEF) and administered by the Australian Academy of Science (AAS).

The SIEF-AAS Fellowship will enable Dr Sinniah to attend the distinguished event and take part in the SIEF Research Innovation Tour in Berlin, with some of Germany's finest research and development facilities related to medicine and physiology on showcase.

Enakshi is the daughter Travis Sinniah and Thiruni Ramanaden. Travis ended his illustrious career as the Commodore of the SL Navy.

Courtesy: <https://thuppabis.com/2023/05/09/dr-enakshi-sinniah-reaches-young-noble-laureate-heights/>



Sinhala New Year Festival in Brisbane Sinhala school

I am Vihanga Perera. I've been going to Brisbane Sinhala school for a long time. There are a lot of reasons in my opinion, why new year's festival day is the best day to come to Sinhala school. The best reason is because I get to meet all my Sri Lankan friends which means a lot to me. I also learn the basic parts on why we have and celebrate Sinhala new year which is a lot of fun.

Just like meeting up with my friends, we participated in lots of Sinhala new year activities. From the balloon blowing contest I won 1st place. I can still feel the joy of winning that contest that day. We tasted different types of delicious food that had been laid out on the new year table.

From what I saw, understood and experienced was the beautiful Sri Lankan culture. I am very happy and thankful for the organisers of the festival day, as it felt as if they took me back to Sri Lanka for a few hours. I also learnt about a new fun traditional board game called puncha. We also had the past principals and officials of the Sinhala Association of Queensland come and participate in the event.

The final few things I wanted to say is that I smelt the delicious Sinhala foods like Kawun, kokis and I once again felt as if my life had become new, because of the Sinhala New Year festival at Sinhala School.



Vihanga Sithvili Perera

Vihanga Perera is a year 9 student at Citipointe Christian College, Brisbane

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Sri Lankan English: An Unrecognised Creole

English language ostensibly arrived in Ceylon in 1796 with the first British sailors and immediately began evolving into a new language. In order to understand this change, it is important to understand two terms.

A pidgin is the result of two or more different languages meeting. This leads to the development of a new language using vocabulary, grammar, and language habits of all these languages.

When this new language is transmitted to a new generation as their mother tongue, the language becomes a creole.

It is within this context that I wish to introduce the concept of Sri Lankan English Creole (SLEC) to describe a type of English unique to Sri Lanka.

Some unique features of SLEC that readers may recognise:

SLEC completely reorganises Standard English grammar, and adds words and sentiments from the 20 or more languages in SL in order to express complex concepts. For example: "Aiyoo, real sothy fellow no?" incorporates the Dravidian language words aiyoo and sothy, meaning feeble or ineffectual, with Sinhala grammar and English vocabulary.

There is the use of Victorian idioms and metaphors as a method of expressing emotions. For instance, "aaa, gone for a six" is used to denote a disappointing accident. Or the term "many happy returns of the day" as a birthday wish. Or "real bull in a China shop no men" to express frustration at clumsiness.

There is an inversion of English grammar like a jazz musician playing with musical scales "Ane, on the light will-you".

Then there are humorous examples of character judgement: "Here, that bugger is an ace boozer men!" when disparagingly referring to drunkenness. Or "They are carrying on like nothing ah!" to signify a blatant affair or romantic relationship.

There is also a complex tonality, gestures, and facial expressions complementing each statement which conveys a great deal of meaning. For instance, "ane-sin no?" when expressing strong feelings of pity or sympathy is often accompanied by a sad facial expression.

Sometimes a single word can convey a great deal of meaning. "You have put-on" indicates the listener has gained weight.

"Here, just wait men", which appears in standard English as a request for patience but is actually a stern expression of disbelief in SLEC. Akin to the Sinhala "Meh nikan inna".

Many nations have embraced their English creoles, such as Singlish and Manglish in Singapore and Malaysia. West African and Belizean creoles, Jamaican Patois, and Tok Pisin from Papua New Guinea.

SLEC has not received the recognition it deserves, particularly in light of class conscious obsessions with correctness in English. SLEC is often disparagingly referred to by some as broken English or sometimes Lansī English.



Randika Jayakody & Jerome Perera
Among Randika and Jerome's many interests is a deep passion to understand Sri Lankan history and culture.

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My Experience in the Mother Language Day Competition

A few days ago, I participated in a memorable mother tongue language competition. It was a wonderful and transformative experience that allowed me to celebrate my cultural heritage and showcase the beauty of my mother language, Sinhala.

The event was organised by the Ethnic Schools Association of Queensland (ESAQ). Many ethnic schools such as Brisbane Sinhala School participated and performed items such as dancing, singing, and speech contest.

We acknowledge with thanks the Honourable Speaker of the House of Representatives, Milton Dick, MP and Honourable Jessica Pugh, MP State member for Mt Ommaney representing the Honourable Minister for Education for visiting the Brisbane Sinhala School food stall. It had a fabulous display of art works with school and Sri Lankan identity.



Milton Dick, MP and Jessica Pugh, MP with the Sinhala School

The event had many cultural food stalls available for the attendees to try such as Sri Lanka, Bangladesh, Philippines, China, Hungary and more.

During the event, I participated in the speech contest for which the theme was food around the world. I presented my favourite Sri Lankan dish coconut sambol, a delicious dish made from coconut. I won first place in my age group (16-18 year olds) and won a \$100 gift card as a prize.

The Mother Tongue Language Competition had transformed from a mere event into an unforgettable journey. It was an amalgamation of cultural experiences, mouthwatering flavours and the power of language to unite communities. I am grateful to the Brisbane Sinhala School for providing this opportunity for me.



Deneth Pruthuvi Perera

Deneth Perera is a Year 11 student at Citipointe Christian College, Brisbane.

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විහිදේ අනුබුදු රැස් මිගදායේ

තුරු දුසිරිත පැතිරී පව පින නොහැගී සත්වග අඳුරට ඇදුන යහමහ පෙන්වා නුවණැස වඩවා මෙන් සිත් පැතුරු ඇතිව අනුබුදු හිමියනි හෙළ බිම එලි කළ ලොවතුරු දහමෙහි අමිළ පොසොන් සඳෙන් විහිදෙන රැස් කිරණන් පවා මගේ හදවතට දිනේ සෙනේ ගුණේ දැනේ

සුපිපුනු කුසුමන් දෝතින් දෝතට බුදු පුදසුන වෙත ගෙන වෙහෙර විහාරෙන් බෝ මළුවෙන් එන සිල් සුවදට සිත යා පව පින දැනගෙන දහමට ලැදි දන දන් පින් කරණට යොමු අනුබුදු හිමියනි සිහිවෙයි හෙළ දන දහමට යොමුකරවු යද්දි වෙද්දි වෙද්දි සිද්දි

කෝපය දුරුවී මෙන්මල් පිබිදී සැම දෙනගෙම සිත් සතන් එ දවස හෙළ බිම පැතුරුණු සාමය යළි නැංවෙන ලෙස පැතුම අනුබුදු හිමියනි සත් වග සැනසු ලොවතුරු සදහම් මිහිර බලා හිදින්නෙම් මිහින්තලාවෙන් අනුබුදු රැස් ගහ ගලන පුරා දරා උරා තුරා

ලොවතුරු බුදු රැස් දෝරෙ ගලා යේ
මිහිතල සිරියකි පෙර මිගදා යේ
දම්සක් සුතුරෙහි ගුණ සමුදා යේ
කිරණ ගලායයි අඹතලයා යේ

දෙස බස රැස සරුකර හෙළ පාතිය
සකල කලා ඔපකර දුන් ජීවය
මිහිදු සමිදු හෙළයට කළ සේවය
රුවන් දොරකි පිවිසෙන මග සාමය

ඇල්ගුඩි වටපුළුව



ඇල්ගුඩි වටපුළුව විශ්‍රාමික ව්‍යුලි හා යාන්ත්‍රික ඉංජිනේරුවෙකි. කවි හා සාහිත්‍යය කෙරෙහි ඔහු තුළ ඇති ඇල්ම ඔහුගේ විශ්‍රාම ජීවිතය ක්‍රියාශීලී කරයි.



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Add items to your grocery shopping note and have them automatically suggest which local store you should shop from to get the biggest bang for your buck. Find whether it's cheaper to shop your entire grocery list at Coles, Woolworths or to split your list across both.

Create your own custom lists or create household lists to keep track of what is in the pantry, fridge and more to find when deals are happening to get the most savings on your favourite grocery items when they are on promotion.

Courtesy: <https://apps.apple.com/au/app/frugl-grocery-price-comparison/id1496295329>

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ගරීර ආපදාවක්ද?
තුඩාල වෙලාද?
ආපහු වැඩට
යන්න බැරිද?

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Gold Coast SriLankan New Year celebrations 2023

Gold Coast's traditional SriLankan New Year celebration for 2023 was held on 30 April 2023 at the Southport - Labrador Cricket Club. The event was well attended with more than 350 adults and children. Honorary Consul for SriLanka in Queensland Mr. Anthon Swan (OAM) was the chief guest, and Gold Coast Councillor - District 7, Mr. Ryan Bayldon-Lumsden was also present as an invited guest.



The event started with the lighting of the traditional oil lamp by the invited guests and committee members. A delicious New Year breakfast table with Milk Rice and a variety of SriLankan traditional sweets and delicacies was officially opened by the chief guest.

“Hisa-thel Gema” (anointing oil) and getting blessings from the elders was held prior to starting the New Year Games.

Various types of New Year traditional games were lined up for both children and adults, which sparked laughter and enjoyment for everyone.

An elegant Sri Lankan traditional dance was performed by the children and a dazzling “Wes Netuma” was performed by the adult dancers which mesmerised the entire crowd.

The event was concluded with a traditional “Elle” (traditional Sri Lankan bat and ball game like baseball) match that exemplified the team spirit, mutual understanding, respect, and love which is the essence of the Sri Lankan New Year.

Gold Coast Sri Lankan Association (GCSLA) Team

Professor Dayantha Wijeyesekera Passes Away

Vidya Jyothi Eng. Professor Dayantha Wijeyesekera passed away at the age of 80 in Sri Lanka.

Starting his Engineering studies at Ceylon Technical College, Maradana and Institute of Practical Technology, Katubedda, he proceeded to the United Kingdom where he graduated in Civil Engineering from Enfield College London in 1965 and was awarded the Postgraduate Degree of Doctor of Philosophy from the University of Edinburgh in 1969.



He served as the Professor of Civil Engineering and the Vice Chancellor at the University of Moratuwa, the Vice Chancellor of the Open University of Sri Lanka, a Member of the Academic Advisory Panel of the International Technological University – Paris, France, the Chairman of the Chartered Institute of

Transport (Sri Lanka Section), the Chairman of the Tertiary and Vocational Education Commission, a Member of the National Education Commission, a Member of the Academic Council of the National Institute of Education, the Secretary General of the Asian Association of Open Universities, the President of the Institution of Engineers Sri Lanka, a Member of the Board of Governors of the Commonwealth of Learning, a Member of the Board of Trustees of the Asian Institute of Technology, the Chairman of the Institute for Construction Training and Development (ICTAD), Member of Board of Governors, Arthur C. Clarke Institute for Modern Technologies, the Chairman, Uni-Consultancy Services, the Secretary of the Ministry of Skills Development, Vocational and Technical Education, the Local Team Leader and Consultant in the Asian Development Bank (ADB) funded project on Distance Education Modernisation and Technical Education Development, and Honorary. Governor, Gateway Graduate School.

Courtesy: <https://uom.lk/>

Amarapura Mahanayake Thero Passes Away

The Chief Prelate of the Amarapura Mahanayake, Most Venerable Dodampahala Chandrasiri Thera, 84, passed away on 16 May.

Most Ven. Dodampahala Chandrasiri Mahanayake Thera was appointed as the Chief Prelate of the Amarapura Maha Nikaya on 20 July 2021. The Mahanayake Thera was born on December 20, 1939, at Dodampahala, in the Southern Province, and his parents were Ediriweera Patabandige Saranelis Silva, and Edirisuriya Patabandige Misinona.



Most Ven. Dodampahala Chandrasiri Mahanayake Thera was appointed the Mahanayake of the Kalyanivamsa Chapter, in 2013, prior to which he served as the Deputy Mahanayake Thera and Nayake Thera in charge of legal affairs of that Chapter.

The Venerable Maha Thera has also served as the Deputy President and the President of the Amarapura Maha Sangha Sabha, representing all 22 fraternities of the Amarapura Chapter.

Courtesy: <https://island.lk/>

ARUNELLA - Sunday 9.00am - 10.00am

SANDELLA - Wednesday 9.00pm - 10.00pm



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Federation of Sri Lankan Organisations of Qld (FSOQ)

Committee Elected at the AGM held on 20 April 2023

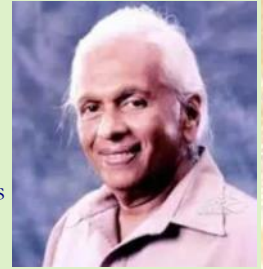
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 President: Jay Weerawardena
 Vice President: Bill Deutrom
 Secretary: Jayantha Weerasekera
 Finance Lead and Governance: Lal Mendis
 Treasurer: Sanjaya Unantenna
 Project Coordinators (two positions)
 Uditha Manage and Sidath Wijetunga
 Cultural Coordinators (two positions)
 Gothami Meepe and Darshika Koggalahewa

Committee Members

Ms. Sandya Abeysekera, President, Sri Lanka Society Queensland
 Laurensz Manricks, President, Silver Fawn Club
 Ruwan De Silva, President, Sinhala Association of Queensland
 Kasun Karunaratne, Convenor Radio 4EB Sri Lankan Group
 Kanaji Wijesekera, President, Ex-servicemen and Police Association
 Sunil Gooneratne, President SLSAQ
 Ms Jayamini Methiwala, President, SPUR Queensland
 Jayantha Pathikirikorale, Past-president FSOQ
 Dr Ms Kanchanamala Ranasinghe, FSOQ Medical Supplies team
 Sarath Weerasinghe, Past President, SPUR Queensland
 Janaka Weerasinghe, Radio 4EB Sri Lankan Group

Veteran actor Gnananga Gunawardena Passes Away

Veteran Sri Lankan actor Gnananga Gunawardena passed away on 04 May at the age of 78.



Embarking on his acting career after starting in the film 'Hewanali Ada Minissu' directed by Parakrama de Silva in 1980, Gunawardena acted in a number of movies including 'Saptha Kanya' (1993), 'Seilama' (1995), 'Tharanaya' (1997) and 'Maharaja Ajasath' (2015).

He has acted in over a 1000 teledramas and over 100 films.

Courtesy: <https://www.adaderana.lk/>

Veteran actor G.R. Perera Passes Away

The Veteran actor Galhenage Rathnapala Perera, better known as G.R. Perera, made a name for himself in cinema, television and theatre, with a career spanning over 50 years. The actor passed away at the age of 83 on 1 May, and the industry is paying tribute to him.

Perera is said to have acted in 516 teledramas and 40 films, having made his television debut in Thunkal Sihinaya, which was directed by Tissa Abeysekera. Perera has spoken of his friendship with Abeysekera in great detail, saying he met the filmmaker while he was still schooling.



Perera's role of "Malakada Bass" in "Doo Daruwo" is considered the turning point in his teledrama career. "My third teledrama was "Doo Daruwo", in which I played the role of a very impressive owner of a blacksmith shop. In the drama I was known as the "Malakada Bass". This character paved the way for me to strengthen my career in the teledrama world," Perera is quoted as saying.

In terms of his film career, Perera began with a minor role in Welikathara (1971), which was directed by D.B. Nihalsinghe. His second film, Kalu Diya Dahara, saw him in a more prominent role, acting alongside Joe Abeywickrama. Perera has also acted in six foreign films, of which three were Indian, two were American and one was German.

Courtesy: <https://www.themorning.lk/>

Veteran Singer Tony Hassan Passes Away

Veteran singer Tony Hassan passed away on 17 May at the age of 73.

He rose to popularity with his renditions of Hindi songs over a span of five decades. To his credit are several original Sinhala songs including a duet with late veteran singer Sujatha Athanayaka.



Courtesy: <https://www.dailymirror.lk/>

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- බිත් දන්සැල්
- මේ කෝපි දන්සැල්

ප.ව. 5.30 - ප.ව. 6.30

- අටවිසි මුද්ධ පූජාව
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ප.ව. 6.30 - ප.ව. 7.30

- ඉදිකිරීමට කේවල රණේධරා දන්මි පාසල් මන්දිරය පිළිබඳ හඳුන්වාදීමේ වැඩසටහන
- පොසොන් උත්සව ප්‍රමා වැඩසටහන (බිත්ති මින හා ප්‍රමා කාටූන්)
- (සැකැස්ම) පියනල හා දන්මි පාසල දරාදැරියාගේ සහ දෙමව්පියන්

ශ්‍රී ලංකාරාම
මහා විහාරස්ථානයේ දී පැවැත්වේ

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මග සැමට මෙන් සිතින් ආරාධනා...!

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පූජ්‍ය සිටිනමළුවේ පුගන්දාර හිමියන්ගේ අනුශාසනා පරිදි

පොසොන් පිංකම සහ සුමධුර ධර්ම දේශනය
2023 ජූනි මස 03 වන දින සවස 6:00 ට
පූජ්‍ය උල්ලිනදානී විනයධර්ම හිමියන් විසින්

කවින්ස්ලන්ත බෞද්ධ විහාරස්ථානයේදී සිදු කරනු ලැබේ

මෙම උතුම් පිංකමට සහභාගිවන ලෙස මෙන් සිතින් මග සැමට ආරාධනා

විහාර සංවර්ධන අරමුදලට ආධාර පිණිස ආහාර සලපිල ද පැවැත්වේ.

ශ්‍රී ජානා බෞද්ධ විහාර සංගමය සහ 2023 කඩින කමිටුව

අරුණාලේ
SUN 9-10 am

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www.4ebsrilankangroup.org

SRI LANKA EX SERVICEMEN ASSOCIATION OF QUEENSLAND INC
Presents



Proud member of **FSOQ**











Misty Dinner Dance

"Donation will be made for essential School Supply Packs to the underprivileged students in Sri Lanka"

\$90
Includes Dinner Buffet

DRESS CODE SMART CASUAL

UNIDUS COMMUNITY CENTRE
204 SHERBROOKE RD, WILLAWONG QLD 4110

STARTS AT 6.30-PM JUN 3 2023

- KANAJI - 041 762 0758
- KALUM - 044 741 6135
- UDITHA - 041 384 0920
- CHANNA - 040 127 5451
- JAYANTHA - 041 243 8283

BYO

www.slexservicemid.org.au

53rd Anniversary Lunch

Sunday 11 June 2023

Everton Park Bowls Club
7 Gearside Street, Everton Park
12 - 4pm

Sri Lankan Buffet Lunch

Drinks at bar rates - No BYO

Raffles and Fun

Dance to music by Ty Fox

Bookings close 4 June
Thomazine Fernando - 0419 480 808
Namal Wijeratne - 0433 427 377
Suzie Anthonisz - 0409 533 540

Members \$45

Guests \$55

Payment by Bank Deposit to -
Silver Fawn Club Inc
BSB 064 131 - A/c 00902934
Ref. Your surname + Anniversary Lunch



Buddhist Vihara of Queensland

Vesak Day Celebrations 2023

A Sri Lankan Experience

Dear Friends,

Vesak commemorates the birth, enlightenment, and passing away of the Lord Buddha, and as such, it is highly significant for all Buddhists.

We warmly invite you to join this year's Vesak Celebration, which will be organised by the Buddhist Vihara (Temple) of QLD Inc. and proudly sponsored by the Brisbane City Council, on 10 June 2023.

Date: Saturday 10th June 2023

Venue: Acacia Ridge State School, Nyngam Street, Acacia Ridge

Time: 5:00pm onwards

Program Highlights: Vesak Procession, Display of Lanterns, and performances of traditional Sri Lankan singing and dancing.

Food stall will also be held on the day to raise funds for the temple activities

Proudly sponsored by



Dedicated to a better Brisbane

Contact us for further details: 07 3818 8806

Organised by
Rev. Sitanamaluwe Sugathasara Thero
and Committee Members

THE IESL QLD CHAPTER PRESENTS

"Sinhabahu"

A FAMILY MOVIE ON A HISTORICAL THEME BY THE ACCLAIMED FILM DIRECTOR DR. SOMARATNE DISSANAYAKE

RESCHEDULED to 11th June 2023

සිංහබාහු

STARRING A TOP-RANKING CAST OF TODAY'S VERSATILE ACTORS OF THE SRI LANKAN SCREEN, AKILA DHANUDDHARA ANTHONY, SAJITHA ANURUTHHARA ANTHONY, YASODARA WIMALADHARMA, DUSHEEHI SILVA, KUMARA THIRIMAZURA & NIRAJANI SHANMUGARAJA

TICKETS
ADULT: \$30
STUDENT: \$20
CHILD: \$12

TIME: 5.30PM - DATE: 11th June 2023 - CINEMA: EL Dorado CINEMA, INDOOROOPILLY

Book tickets via <https://www.trybooking.com/CGBBF> or scan the QR code

For more details please contact Ziyath at 0416 102 995

PROUDLY PRESENT

THE BNS SHOW

With **UMARIA & RANDHIR**

Australia - New Zealand

BRISBANE

2023

LOGAN ENTERTAINMENT CENTRE
170 WEMBLEY RD, LOGAN CENTRAL

SAVE THE DATE

BACKED BY **2FORTY2**

17TH JUNE 6.30PM ONWARDS
GATES OPEN AT 5PM

INQUIRIES SUMUDU 0430 222 075

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TICKETS OUT NOW

අමුතුව පහේ වැඩිත් බලන්න ඔබේ වන්න

SISIRA 0422 245 284
MALATHI 0432 600 976
ASHAN 0416 785 642

\$10

24TH SATURDAY AT 6.00PM
24 JUNE 2023 ACACIA RIDGE STATE SCHOOL AUDITORIUM



Kathleen Keegel Children's Fund

In memory of Kathleen Keegel on her 100th Birthday, let's celebrate by helping those in need.

Join us for a delicious Sri Lankan Hopper lunch and enjoy a family day of dancing, raffles and Bingo.

Sunday 2nd July 2023

11:30 am - 3 pm

Nolan Hall - Corpus Christi Parish Nundah



Entertainment by Ty Fox
Catering by Thilani

Donation of: Adult \$40 Child (5-15yrs) \$15

All proceeds will go towards our current projects - Solar lights to rural communities; and Education resources.

Book Early at:

<https://www.trybooking.com/CHWWK>

Olivia - 0431910839

www.kkcf.org



MUSIC AND CRICKET

INTERNATIONAL PLATINUM & GOLD WINNING SINGER, ACTOR & RECORDING ARTIST

1ST JULY

Venue: Sip & Dine Restaurant/
Conference Hall,
Ipswich Road, Woolloongabba
6:30PM - 11:30PM



Our sponsors



COVER MUSIC

FOR TICKETS CALL

Dammika - 0413981363

Laurensz - 0408414973

Basil - 0433559131

Peter - 0432396509

Anu - 0412028505

Sip & Dine - 0731902900

Donation \$80




You are prayerfully invited to
The Annual Feast of Our Lady of Madhu

Saturday, July 22 2023
Rosary at 10.30 am
Followed by Holy Mass at 11:00am
Marian Valley Shrine of Our Lady
2541 Beechmont Road,
Witheren QLD 4275.

A special bus service to Marian Valley would be favourably considered subject to sufficient bookings.
The bus will start at Garden City (Park & Ride)
- Logan Hyperdome - Marian Valley.

Please contact following persons for further information:
Isidore Storey - ihstorey@gmail.com or 0435 570 047
Pushpa Jayasekera - jayasekera05@gmail.com or 0418 101 083
Niroshan de S Wijeyeratne - nirowije@hotmail.com or 0400 187 146
Yohan Fernando - ways70@hotmail.com or 0429 398 438

Those who wish to make a donation for the maintenance of the shrine, please donate to:
Madhu Church Maintenance Account - BSB: 034-093 Account Number: 821662

PROUDLY PRESENTED BY NALANDA OBA QUEENSLAND
IN AID OF NALANDA CHARITY PROJECTS

Jacqueline Fernandez
Alston Koch

According To
MATTHEW

A Chandran Rutnam FILM
TICKETS AT WWW.AUSLANKATICKETS.COM.AU

2nd July 2023 @ 4:00 PM

Screening At
Dendy Cinemas Coorparoo
Cnr of Old Cleveland & Cavendish Road,
Coorparoo, QLD

Meet & Greet
The Legend
Alston Koch

Monthly News Digest: May 2023

01	Fuel Prices Reduced from tonight	https://www.dailymirror.lk/breaking_news/Fuel-prices-reduced-from-tonight/108-258426
03	Litro slashes LP gas cylinder prices	https://www.adaderana.lk/news/90255/litro-slashes-lp-gas-cylinder-prices
03	New members appointed to National Procurement Commission and Finance Commission	https://www.adaderana.lk/news/90266/new-members-appointed-to-national-procurement-commission-and-finance-commission
04	FUTA decides to participate in A/L exam paper-marking from today	https://www.adaderana.lk/news/90291/futa-decides-to-participate-in-al-exam-paper-marking-from-today
06	PAYE tax slapped on MPs, reimbursed!	https://srilankamirror.com/news/payee-tax-slapped-on-mps-reimbursed/
07	Four governors fired	https://www.sundaytimes.lk/230507/news/four-governors-fired-518991.html
07	Lanka's poverty rate doubled, says World Bank	https://www.sundaytimes.lk/230507/news/lankas-poverty-rate-doubled-says-world-bank-518993.html
09	Paying wards to be established at state hospitals for Sri Lankans & foreigners	https://www.adaderana.lk/news/90383/paying-wards-to-be-established-at-state-hospitals-for-sri-lankans-foreigners
09	Several firms have shown interest to buy SriLankan Airlines, says CEO	https://www.adaderana.lk/news/90377/several-firms-have-shown-interest-to-buy-srilankan-airlines-says-ceo
09	Australia deports 41 Sri Lankans over illegal immigration attempt	https://www.adaderana.lk/news/90398/australia-deports-41-sri-lankans-over-illegal-immigration-attempt
11	Political interference: ICC visits Sri Lanka	https://www.dailymirror.lk/top_story/Political-interference-ICC-visits-Sri-Lanka/155-258971
12	Ambani's Reliance inks deal with Lankan cricketer Muralitharan's company for mega-project	https://www.ft.lk/front-page/Ambani-s-Reliance-inks-deal-with-Lankan-cricketer-Muralitharan-s-company-for-mega-project/44-748228
12	Govt., UNDP put to road first set of 500,000 converted eTuk-Tuks	https://www.ft.lk/front-page/Govt-UNDP-put-to-road-first-set-of-500-000-converted-eTuk-Tuks/44-748225
12	Sri Lanka Women beat Bangladesh Women, win T20I series 2-1	https://www.dailymirror.lk/breaking_news/Sri-Lanka-Women-beat-Bangladesh-Women-win-T20I-series-2-1/108-259099
13	Lankan baker Tharshan Selvarajah bags 'Best Baguette' title in Paris	https://www.dailymirror.lk/breaking_news/Lankan-baker-Tharshan-Selvarajah-bags-Best-Baguette-title-in-Paris/108-259130
15	President removes three Governors; new appointments on Wednesday	https://www.adaderana.lk/news/90557/president-removes-three-governors-new-appointments-on-wednesday
16	Sri Lankan Rupee appreciates further against USD	https://www.adaderana.lk/news/90573/sri-lankan-rupee-appreciates-further-against-usd
18	New provincial governors sworn in...	https://www.adaderana.lk/news.php?mode=head&nid=4362
18	New Zealand Women's Tour of Sri Lanka 2023	https://www.dailymirror.lk/breaking_news/New-Zealand-Womens-Tour-of-Sri-Lanka-2023/108-259437
20	Pilot project to introduce speed limit system launched	https://www.dailynews.lk/2023/05/20/local/303787/pilot-project-introduce-speed-limit-system-launched
22	China's Sinopec signs contract agreements to enter fuel retail market in Sri Lanka	https://www.adaderana.lk/news/90717/chinas-sinopec-signs-contract-agreements-to-enter-fuel-retail-market-in-sri-lanka
23	Cabinet approves use of "Kompanna Veediya" in all three main languages	https://www.adaderana.lk/news/90739/cabinet-approves-use-of-kompanna-veediya-in-all-three-main-languages
24	Tax files for doctor, lawyer, tuition-teacher trinity	https://www.themorning.lk/articles/1894VjR8KW0qZnU65tyD
25	Parliament unplugs powerful regulator	https://www.ft.lk/top-story/Parliament-unplugs-powerful-regular/26-748739
29	ADB Approves \$350 Million for Sri Lanka Economic Stabilization Program	https://www.adb.org/news/adb-approves-350-million-sri-lanka-economic-stabilization-program
29	Sri Lankans living abroad can renew or apply for new passport online from June 01	https://www.adaderana.lk/news/90882/sri-lankans-living-abroad-can-renew-or-apply-for-new-passport-online-from-june-01
29	Fuel supply: Quota at the pump increased	https://www.themorning.lk/articles/8ruB09tJE0XXKpRIEBsR
30	Agreement signed to extend India's \$1bn credit line for Sri Lanka	https://www.adaderana.lk/news/90900/agreement-signed-to-extend-indias-1bn-credit-line-for-sri-lanka

Sri Lankan Events - Brisbane and SE Qld

June 2023

03	Poson Festival: Mihindu Sangamitta Perahera & Mihintalagala Display	Forest Lake Temple
03	Poson Pinkama	Goodna Temple
03	Misty's Dinner Dance	SL Ex Servicemen's Association
10	Vesak Celebrations at Acacia Ridge State School	Goodna Temple
11	Sinhala Movie: Sinhabahu	IESL Qld Chapter
11	53 rd Anniversary Lunch	Silver Fawn Club
17	BNS Concert	Aradhana Ent.
24	Blessings to Anton Swan (ආර්ථික ප්‍රසාද)	Goodna Temple
24	දිගු ගමනක කෙලවර Musical Show by Sisira Bandaragama	Private

July 2023

01	Music and Cricket	Nalanda OBA
02	Movie: According to Matthew	Nalanda OBA
02	Sri Lankan Hopper Lunch	Kathleen Keegel Children's Fund
15	Anton's Farewell/ Felicitation	FSOQ
22	Our Lady Madhu Feast	Sri Lankan Catholics
29	Ranwala Balakaya	Sinhala Association
29	Vas Invitation Ceremony	Forest Lake Temple

August 2023

06	BBQ and Barefoot Bowls	Silver Fawn Club
26	Swarna Swara Concert	Sathsara Entertain.

September 2023

23	Hollywood Glamour Night	Silver Fawn Club
30	Saralanga	Sinhala Association

October 2023

07	Chamara Weerasinghe Concert	Sathsara Entertain
8&9	Annual Katina Ceremony & Dana	Forest Lake Temple
14	Rukantha+ Chandraleka with Daddy	Yes Entertainment
15	Sri Lanka Day	FSOQ
28,2	Annual Katina Ceremony and Dana	Forest Lake Temple

November 2023

04,05	Katina ceremony - Pirith Chanting &	Goodna Temple
05	Melbourne Cup Lunch	Silver Fawn Club
11	Amal and Niroscha Concert	Sathsara Entertain

December 2023

09	Christmas Celebration	Silver Fawn Club
16	Sangamitta Day	Forest Lake Temple
31	New Year's Eve Dance	Silver Fawn Club

January 2024

27	Paduru Sajje	SPUR Qld
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February 2024

04	Picnic/ Car Rally	Silver Fawn Club
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March 2024

09	Annual General Meeting	Silver Fawn Club
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FSOQ

WE INVITE YOU TO JOIN US FOR A SPECIAL GALA EVENT TO SAY "Thank you, Anton"

For dedication and commitment to the community as Honorary Consul for Sri Lanka in Qld and generous patronage of the FSOQ and member organisations

Saturday, July 15, 2023
Souths Sports Club
 174 Mortimer Rd, Acacia Ridge
 6 to 11.30pm
 \$60.00 (adult)
 \$30.00 (children aged 3-12)
 Buffet dinner - no BYO
 Featuring DJ DarknTall1 & cultural performances

To book tickets, contact:
 Jay Weerawardena 0422 286 548
 Jayantha Pathikirikorale 0412 438 283
 Sunil Gooneratne 0412 719 979
 Sandhya Abeyskera 0422 932 366
 Gothami Meepe 0421 635 353
 Laurensz Manricks 0408 414 973

Anton Swan OAM and wife Bronwen, who has been by his side through his 33-year tenure as Hon. Consul for Sri Lanka in Qld.

Radio 4EB - Sri Lankan Program Schedule

Arunella - Sunday 9.00am - 10.00am FM 98.1	
Date	Producer/Panel Operator
04 Jun	Sam Fernando/ Sam Fernando
11 Jun	Darshika Koggalahewa and Himaya SWA/ Janaka Weerasinghe
18 Jun	Lakmini Keerawella, Kasun Karunaratne/ Kasun Karunaratne
25 Jun	Lalith Keerthirathne and Sameera Samarasinghe/ Sameera Samarasinghe
02 Jul	Nawroos Naeem/ Kasun Karunaratne
Sandella - Wednesday 9.00pm - 10.00pm FM 98.1	
Date	Producer/Panel Operator
07 Jun	Prema Weerawardne and Team/ Niraj Kariyawasam, Sameera Samarasinghe
14 Jun	Kumara Dissanayake & Samanola Wijayarathna/ Sandun de Silva
21 Jun	Pulastha Hashan, Janaka Dassnayake, and Anuki Karunanayake/ Dhanushka Bandara
28 Jun	Thisara Pathirennhelage and Kanchana/ Thisara Pathirennhelage
05 Jul	Janaka & Anuki/ Kasun Karunaratne

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