



This is a pleasant sight, with beautiful Lotus flowers, flower buds, green leaves and blue water. Also there are leaves that have turned yellow and brown, and part of the pond has dark color and muddied water. The flowers and green leaves represent our adult life. The buds represent our future life. The yellow and brown leaves represent old age, senility sickness and death.

The pond can represent our life existence. It looks **pleasant superficially**. On **deeper analysis** there is obvious **evidence of impermanence, entropy and death**. The blue water represents the spiritual insight (**panna**), while the muddied water represents spiritual Ignorance (**moha**).

The current experiences in this life are made possible by **ALSC**, when the Cognition switch is turned on by the sensory output from the five sense organs, and the thoughts coming from the mind.

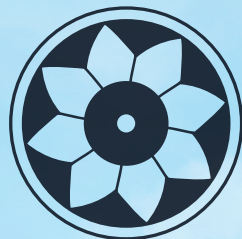
The evolution of the Universe and Life forms, according to Buddhist Philosophy has no beginning with no creator. Life forms have **different planes of existence** and humans can be born in superior or inferior planes, in a different body, according to the **Law of Karma**. The **Spiritual Laws**, have no Enforcer. The human brain mediates consciousness but does not control it.

The author has attempted to explain how **ELE, PLSC, ALSC, Consciousness and the Law of Karma work in unison**, according to the multiple Spiritual Laws specified in the **Buddhist Doctrine and Philosophy**.

That will unravel the mysteries of consciousness, rebirth, psychic phenomena and provide **answers to the riddles of life existence**.

The spiritual path laid out by the **Four Noble Truths and the Noble Eightfold Path** will help those who want to end this eternal cycle of birth and death (**Samsara**), and end their suffering (**Dukka**).

Buddha's last words: "**Vaya Dhamma Sanka'ra. Appamadena Sampadetha**": "Work diligently for freedom from Dukka. All component things are impermanent".



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Reg. No# TXU2-383-801

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Published by Mind Stir Media LLC,

45 Lafayette Rd, Suite 181, N. Hampton,

NH 03862, USA.

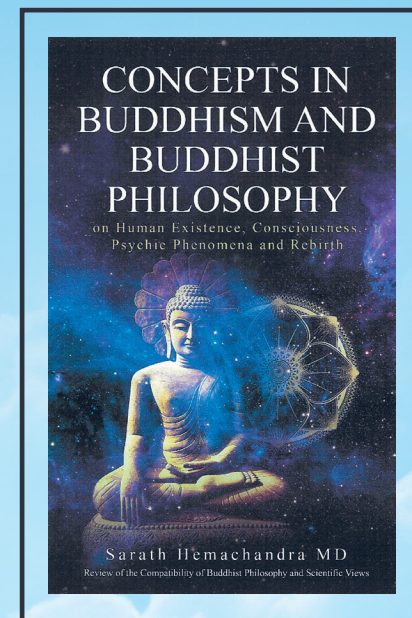
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Spiritual Greetings!

This is to inform about the arrival of a **new book** on concepts in Buddhism and Buddhist Philosophy.

Name of the book: **Concepts in Buddhism and Buddhist Philosophy** on the human existence, consciousness, psychic phenomena and rebirth.

Author: Sarath Hemachandra MD



The author focuses on the compatibility of Buddhist Philosophy and the scientific views.

The reader will be dealing with the information on the Buddhist Doctrine (Dhamma) in the chapters 11, 111, IV and V. The Doctrine of Buddhism is discussed in the early chapters for providing basic information on this religion, to those who were not familiar with its concepts.

This part of the book provides insight about the grief stricken eternal cycle of birth and death (Samsara) and the unsatisfactoriness (Dukka). All life forms are subjected to old age, senility, weakness, sickness and death. Everything in the universe is impermanent (anicca).

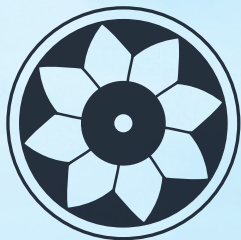
The way to overcome and negate this grief stricken cycle, by following the **Four Noble Truths and the Noble Eightfold Path**, is formulated by the Buddha.

Chapter V deals with the **Wisdom (panna)** needed to eradicate unsatisfactoriness of Life (**Dukkha**), and become **Enlightened**.

The chapters VI to XIII deal with the **Scientific views** of the evolution of the Cosmos, Life Forms and associated theories. These are amalgamated with the Concepts and the Spiritual Laws that are formulated in Buddhist Philosophy. This section of the book also includes Law of Karma, psychic phenomena, consciousness and Rebirth. The **answers to the riddles of Life**, provided by the **Buddhist Philosophy** are presented in this section of the book.

Consciousness and its multiple tributaries are discussed in **chapter X**, providing evidence for its non local nature. **The twenty Laws of Spirituality** are discussed in **Chapter X1**. The evidence that supports rebirth is presented in the **chapters X11 and X111**.

According to the Buddhist Philosophy, this cycle of birth and death of a being has been going on non stop with no beginning stage. The **Essence of Life Energy (ELE)** leaves the body of the deceased person at the time of death and enters a **fertilized ovum** (zygote) somewhere in the universe.



ELE is accompanied by the **Passive Life Stream of Consciousness (PLSC)**, which is an important tributary of consciousness.

Human consciousness has two important components, namely the **Passive Life Stream of Consciousness (PLSC)** and the **Active Life Stream of Consciousness (ALSC)**. PLSC transgresses from one life to another non stop just like the ELE. When ELE enters the fertilized ovum, to start the new body next life, it is accompanied by PLSC.

PLSC carries the **inter-life genetic traits** coming from the past lives. That includes, special skills, intellect, physical and personality traits, life experiences both positive and negative, cravings, addictions and other features.

The sensations coming from the **five sense organs** result in **sensations, perceptions, mental formations and consciousness**. The Mind remains the **sixth sense organ** and from the mind door, the **thoughts** emerge. When the being is alert, active, oriented in all three spheres **Cognition switch** is turned on by the sensations and the thoughts.

The Active Life Stream of Consciousness (ALSC) is on during **Cognition**. When ALSC is on, the being is aware of the happenings outside in the surrounding, that prepares the being for the **needs of the moment**. The sensory information is assessed and reviewed to evaluate the needs of the moment.

ELE and PLSC traverse together from one life of the being to the next non stop, while **ALSC** is present only each life, arising at birth and extinguished at the death of a being.

There are **two memory banks in the human brain**. The **short term memory bank** is in the prefrontal cortex. The **long term memory bank** is found in the Hippocampus (located in the temporal lobes). ALSC is most likely connected to the short term memory bank and PLSC is connected with the Long term memory bank.

